

Senior Moments

November 2015

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Dear Family,

I'm not dead yet. Thanksgiving is still important to me. If being in my Last Will and Testament is important to you, then you might consider being with me for my favorite holiday. Dinner is at 2:00. Not 2:15. Not 2:05. Two. 2:00. Arrive late and you get what's left over.

Last year, that moron Marshall fried a turkey in one of those contraptions and practically burned the deck off the house. This year, the only peanut oil used to make the meal will be from the secret scoop of peanut butter I add to the carrot soup.

Jonathan, your last new wife is an idiot. You don't arrive at someone's house on

Thanksgiving needing to use the oven and the stove. Honest to gosh, I thought you might have learned after two wives—date them longer and save us all the agony of another divorce.

Paper plates and red Solo cups might be bad for the environment, but I'll be gone soon and that will be your problem to deal with.

House Rules:

1. The University of Texas no longer plays Texas A&M. The television stays off during the meal.

2. The "no cans for kids" rule still exists. We are using 2 liter bottles because your children still open a third can before finishing the first two. Parents can fill a child's cup when it is empty. All of the cups have names on them and I'll be paying close attention to refills.

3. Chloe, last year we were at Trudy's house and I looked the other way when your Jell-o salad showed up. This year, if Jell-o salad comes in the front door it will go right back out the back door with the garbage. Save yourself more time, honey. You've never been a good cook and you shouldn't bring something that wiggles more than you. Buy something from the bakery.

4. Grandmothers give grandchildren cookies and candy. That is a fact of life. Your children can eat healthy at your home. At my home, they can eat whatever they like as long as they finish it.

5. I cook with bacon and bacon grease. That's nothing new. Your being a vegetarian doesn't change the fact that stuffing without bacon is like egg salad without eggs. Even the green bean casserole has a little bacon grease in it. That's why it tastes so good. Not eating bacon is just not natural. And as far as being healthy...look at me. I've outlived almost everyone I know.

6. Salad at Thanksgiving is a waste of space.

7. I do not like cell phones. Leave them in the car.

8. I do not like video cameras. There will be 32 people here. I am sure you can capture lots of memories without the camera pointed at me.

9. Being a mother means you have to actually pay attention to the kids. I have nice things and I don't put them away just because company is coming over. Mary, watch your kids and I'll watch my things. I know what is here, so don't force me to frisk and search when the party is over.

10. Rhoda, a cat that requires a shot twice a day is a cat that has lived too many lives. I think staying home to care for the cat is your way of letting me know that I have lived too many lives too. I can live with that. Can you?

Continued on page 2

Continued from page 1:

11. Words mean things. I say what I mean. Let me repeat: You don't need to bring anything means you don't need to bring anything. And if I did tell you to bring something, bring it in the quantity I said. Really, this doesn't have to be difficult.

12. Dominos and cards are better than anything that requires a battery or an on/off switch. That was true when you were kids and it's true now that you have kids.

13. Showing up for Thanksgiving guarantees presents at Christmas. Not showing up guarantees a card that may or may not be signed.

In memory of your Grandfather, the back fridge will be filled with beer. Drink it until it is gone. I prefer wine anyway. But one person from each family needs to be the designated driver and must have a valid driver's license.

I really mean all of the above.

Love you,
Grandma

Submitted by Sue Sawyers

TEA & TOGS:



***Fashion Show plus tea & desserts
Saturday, November 14th starting
at 2pm here at the Center.
Tickets are \$12 and can be purchased
at the Front Desk.***



WII



**We will be hosting Wii Bowling again
at the Center every Tuesday,
beginning November 10th.**

**Games will begin at 1:30. The fee is
\$1.00 and there will be a sign-up sheet
at the Front Desk.**

For more information call 459-6826.

FIREWOOD WILL BE AVAILABLE

**Starting November 3rd. 50 pieces of firewood
will be available every TWO WEEKS to MEM-
BERS 65+ or to members who are 55+ and dis-
abled. You may sign up at the front desk to get
your firewood card.**

**You will need your Medicare card or
license for proof of age (65+) and proof of dis-
ability and age for those (55+).**

**We will be issuing the wood on Tuesdays &
Thursdays from 9am -11am. You must have
your firewood card with you when you sign in to
get the wood. You must be present on your wood
day or call us and ask for a designated person to
get it for you.**

**The firewood is donated by Cal Fire, Parlin
Forks and Chamberlin Creek. This donation is a
gift to you when available. Therefore, please do
not expect this wood to be your main source of
heat.**

In September, 2015, our volunteers donated a total of 1443.50 hrs to the Senior Center.
At minimum wage (\$9), the total dollar amount for the month would be: \$12,991.50.

ALL OF US AT THE CENTER THANK YOU FOR
YOUR HARD WORK & DEDICATION.
(The Center exists and thrives because of all of you.)

THANKSGIVING PIE SALE



Wednesday, November 23rd
starting at 8:30 at the
Senior Center.

As usual, this is the place to
come for your Thanksgiving desserts.
One less thing to stress over.
Our volunteers do the baking and
you can reap the reward.

**** There will also be a Christmas Bake Sale
held on Dec. 23rd. Notice will also be in the
December newsletter.

SEE'S CANDY

On Sale at Our Annual
Thanksgiving Pie Sale:
(see above)

1 lb. Boxes: \$18.50 each
Assorted
Soft Centers
Dark Chocolate
Milk Chocolate
Nuts & Chews

Peanut Brittle: \$18.30 per box

Lollipops: \$17.75 per box

Mini-Assorted Chocolates: \$6.20 a box



HICAP

Health Insurance Counseling & Advocacy Program

FREE Consultations & Presentations

Help People with:

- ☒ Medicare Parts A & B
- ☒ Medicare Part C & Medigap Plans
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HICAP is a non-profit program funded by California Department of Aging

Call Toll Free: 1-800-434-0222

CENTER'S WISH LIST:

- Leaves & manure for our garden compost.
- Wood Chips
- Food for the Food Pantry in Outreach.





Willits Senior Center

November 2015

THRIFT SHOP (459-2176-direct line)

Members Only: Cut out your coupon & save \$2.00

Membership applications available at the Front Desk



**THRIFT SHOP HOURS: Monday—Friday, 9am. to 4:30pm.
Saturdays, 9am to 4pm.**



Sale Items Change Weekly. Shop early! Don't miss the deals!!
(Furniture delivery by appointment)

**IF YOU'RE DOWNSIZING OR GETTING NEW THINGS, THINK OF THE HARRAH
CENTER THRIFT STORE. ALL SALES REVENUE GOES RIGHT BACK INTO OUR
SENIOR CENTER PROGRAMS.**

Senior Corner:

BOX TOPS FOR EDUCATION: We will be collecting Box Tops for Education at the Center. There will be a box to put them in located near the front desk and a list of things you can purchase that have the box tops on them. Cut out, collect them and bring them to the Center. Some of the brands that have them are: BIC, Pepperidge Farm, SpaghettiOs, Swanson, V8 Beverages, etc. A longer list of products that have the Box Tops will be located near the front desk.

The holidays are here again. Time for pumpkin pies, turkey, dressing and all the yummy things that go with them. Eat in moderation and enjoy the holidays!

Everyone at the Center wishes you the most wonderful of Thanksgivings. I hope you enjoyed the Thanksgiving letter from "Grandma". I laughed the whole time I was typing it. And I hope you do, too.

FROM EVERYONE AT THE CENTER:

**Happy
Thanksgiving**



Happy November Birthday to All!!! (Cut out the invitation below)

11-1 Thomas Enberg

11-5 Gary Bodensteiner, Margie Smith

11-7 Elaine Houpe, Duncan Neff

11-8 Mary Haskell, Charles Martin

11-11 Kathy Lawrence, Geraldine Lusnia

11-13 Debra Reyes

11-15 Kathleen Hutchinson

11-16 Lorri Barker, Patricia McBride

11-17 Dina Hutton

11-18 Ethel Redman

11-19 Gene Price

11-20 Janet Moore

11-21 Richard Hinchey

11-23 Judy Dunbar

11-28 Dennis Nonneman

11-29 Joseph Mondo

11-30 Dale Curtis, Myrtle Deaton,

Gunther Steffens

If anyone was left off, ask Terry for an invitation; have spares.



Nov. 2015 Birthday Invitation

If you are listed above, **CUT OUT & bring this invitation with you for your FREE birthday lunch.**

HAPPY BIRTHDAY!!!

The Center invites you to our Birthday lunch on Friday, November 20, 2015

Your free lunch can be used any day in your birthday month.

Sign your name here:

SUNDAY BREAKFAST

Pancake Breakfast

Sunday,
November 8th
8 am. to 11 am.

Menu:

Pancakes
Eggs any style
Bacon, Sausage, or Ham
Orange juice
Sugar Free Syrup

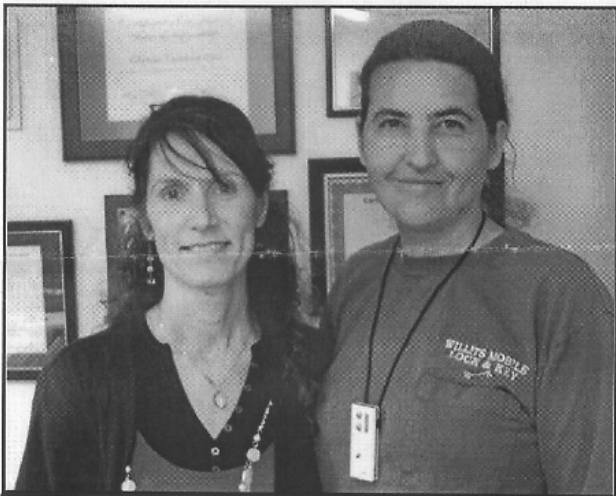
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Adults \$7

Sr. Center Members \$6  
(MUST SHOW  
membership card to get  
discount)

Children \$5



**BEST PANCAKES  
IN TOWN**



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(707) 463-2966

**Marc Komer**  
Legal Document Assistant  
Estate Planning, Trusts, Wills  
Probate, etc.



**An Affordable Non-Attorney Service**  
In my office or your home **459-2775**

I am not an attorney, and can only provide self-help services at your specific direction

## REDWOOD MEADOWS

*Senior Apartment Community*  
(707) 459-1616 Phone/Fax

Libby, Manager

1475 Baechtel Rd.  
Willits, CA 95490

## *Savings Bank* OF MENDOCINO COUNTY Member FDIC

**Willits Office**  
145 South Main Street  
Willits, CA 95490  
(707) 459-5533

**Laytonville Office**  
44920 Highway 101  
Laytonville, CA 95454  
(707) 984-6111

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**Lee Persico**  
DRE LIC # 00446837  
707.459.5389

**Roxanne Lemos-Neese, GRI**  
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45 Years of Combined Experience!



[roxanne@getmendohomes.com](mailto:roxanne@getmendohomes.com)

1460 South Main Street  
Willits, CA 95490

We never stop moving.

**COLDWELL BANKER**  
MENDO REALTY, INC.

*Thank You For Your Donations and Precious Time*

*George Baviere*

*Mason Cook*

*Karen Foley*

*Leo Gastineau*

*Christine Griggs*

*Jody Johnston*

*Susan Karp*

*Ari Lacelle*

*Suman, Umalant & Devon Mistry*

*Don O'Reilly*

*Linda Pouzanoff*

*Sparetime Supply*

| Week 1                       | Week 2                  | Week 3              | Week 4                 | Week 5                                                |
|------------------------------|-------------------------|---------------------|------------------------|-------------------------------------------------------|
| 11-2 Beef Stew               | 11-9 Mac, Beef Bk.      | 11-16 BBQ Chicken   | 11-23 Spaghetti        | 11-30 Pork Chop                                       |
| 11-3 Tuna Noodle Casserole   | 11-10 Ch. Fried Steak   | 11-17 Bk. Cod       | 11-24 Taco Salad       |                                                       |
| 11-4 Garlic Butter Hamburger | 11-11 Spinach Lasagna   | 11-18 Meat Loaf     | 11-25 Ham/Cherry Sauce |                                                       |
| 11-5 Chicken Enchilada Bake  | 11-12 Ranch Bk. Chicken | 11-19 Chicken Salad |                        | Seniors: \$5.50<br>Non-Seniors: \$7.00<br>Soup: 11:45 |
| 11-6 Salisbury St.           | 11-13 Bk. Sole          | 11-20 Turkey        |                        |                                                       |

**CENTER ACTIVITIES FOR: NOVEMBER, 2015: \*SUNDAY BINGO: Nov. 1st. Lunch: 11am/ Games: 11:30**

**\*PANCAKE BREAKFAST: Sunday, Nov. 8th, 8-11am.**

**\*PIE & ICE CREAM SOCIAL: Monday, Nov 9th, 1:30-2:30pm. Erin Fisher, singing.**

**\*FOOD BANK: Monday, Nov. 16th, 9:30-10:30**

**\*BIRTHDAY LUNCH: Friday, Nov. 20th, 11:45 to 1pm.**

**\*TEA & TOGS: Saturday, November 14th at 2pm at the Center.**

**\*THANKSGIVING PIE SALE: Wednesday, Nov. 25th, 8:30am 'til all goodies are gone!**

**\*COMMUNITY DINNER at the Center: Call us at 459-6826 to find out if it will be held.**

**\*CENTER itself CLOSED: Thursday & Friday, Nov. 26 & 27.**

**\*WII BOWLING: Every Tuesday, 1:30-2:30 in the Dining Room, beginning 11-10-15.**

**Monday**

Stretch & Strength  
Choir

Dining Rm. 9-10am  
Sunshine Rm. 1-2:30pm

**Tuesday**

Stretch & Strength  
Blood Pressure  
Bible Class  
Computer Help Lab  
Avenues of Wellness Speaker Series  
WII Bowling

Dining Rm. 9-10am  
Dining Rm. 10am.-12 noon  
Lunch 11:30 Conference Rm. until 1:30  
2-4pm  
1st Tues. of the month  
1:30-2:30 starting Nov. 10th Dining Room

**Wednesday**

Stretch & Strength  
Life Changes Group  
Ukulele Group

Dining Rm. 9-10am  
Conference Rm. 10-11am.  
Sunshine Rm. 1-2pm.

**Thursday**

Stretch & Strength  
Hearing Services  
Moving On  
Card Club  
Creative Writing  
available; contact Sue Bertsch at 972-6422  
Thursday Night Bingo

Dining Rm. 9-10am.  
1st Thurs of month Sunshine Rm. 9-12 noon (463-2966/appt)  
2nd Thurs of month Lunch; then Conference Rm. until 2pm.  
Lakeside Rm. 10-12 noon  
1st & 3rd Thursdays; 1:30-2:30; Sunshine Room; openings  
Dining Rm. 6-8pm. (light supper) (1st 3 Thurs. only, in Nov.)

**Friday**

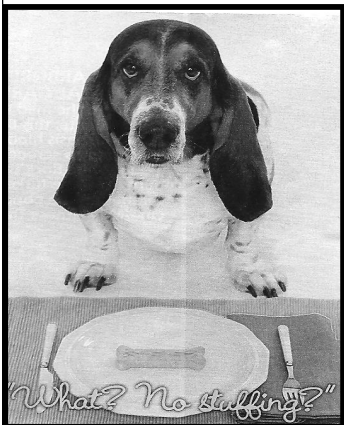
Stretch & Strength  
Tote Painting  
Bridge

Dining Rm. 9-10am.  
Sunshine Rm. 9-12 noon.  
Conference Rm. 10am—2pm.

Willits Seniors Inc.  
1501 Baechtel Road  
Willits, CA 95490

Phone: (707) 459-6826  
Fax: (707) 459-1772

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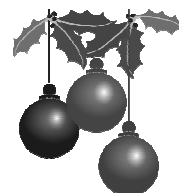
**Current Resident**

**or**

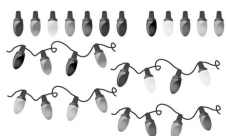
## **OUR ANNUAL CHRISTMAS STORE**



**opens Friday, December 4th  
and runs through Monday, December 14th.  
Hours are: 9am to 4pm; NO Store on 12-6;  
on 12-13: store hours are: 8am to 12.**



**It will be held in the Lakeside & Sunshine Rooms as usual.**



**Stock up on all you need for a  
Very Merry Christmas!!:**



**Trees, Ornaments, Lights, Wrapping  
Paper, Wreaths, Cards and a whole lot more!!!**

## **THE CRAFT FAIRE (plus Snack Bar)**

**will be held at the Center on Saturday, December 5th. From  
9am to 4pm in the Dining Room.**

**Come check out both the Faire and the Store. You may find  
some unique items and take care of that Holiday shopping list  
all in one trip!!!!**

**The "Snack Bar": will feature Hot Dogs. Chips, Root Beer Floats,  
Donuts & Cocoa!**