

Willits Seniors Inc. 1501 Baechtel Road Willits, CA 95490
Phone: 459-6826 Fax: (707) 459-1772 Thrift Store: 459-2176 Transportation: 459-5556

Senior Moments

March 2017

Board of Directors

Sue Sawyers, President
Gary Mann, Vice President
dorothy Roediger, Secretary
Richard Willoughby, Treasurer
Virginia Jorge
Warren Lewis
Paul Ubelhart
Mills Matheson
Don O'Reilly
Kathy Neff

Director:

Allyn Nonneman

Accounting:

Jewel Cook

Transportation:

Richard Baker
Stacy Shaul
Terry Baker

Nutrition:

Donna Hart
Linda Gnader

Event/Fundraiser Coordinator:

Lucy Stanley

Volunteer/Meals on Wheels Coordinator:

Deb Holcomb

Outreach:

Priscilla Tarver
Sherry Bixler

Thrift Shop:

Kathleen Barry
Dorcas Potter
Leslie Challenger
Kelli Gordon

Maintenance/ Janitor

Brian Armond
Lance Hodges

Experience Works:

Evelyn Swift



***ST. PATRICK'S DAY
is Friday, March 17th***



Join us on Friday the 17th for Corned Beef & Cabbage.



DIRECTOR'S REPORT:

Hello Everyone:

My name is Richard Baker and I am your new Director. I have lived in Willits for the past 22 years. I came here in 1995 when my father passed away. I stayed to help rebuild the family home. I loved the area so much I never left.

I have been the Senior Center's Transportation Supervisor for the past 6 years. Working for you has brought out the best in me. I'm excited about my new position. I am part of a team that includes our 17 employees, countless invaluable volunteers and 10 dedicated Board Members who all share my passion: serving our Willits Seniors. My door is always open to address any concerns you may have.

WHAT'S HAPPENING AT THE CENTER:

Our 10th Annual "CHILI COOK OFF", hosted by Rotarians Sheriff Tom Allman and Jerry Turner, will be Friday, March 10, 5:30 to 7PM. Bring a friend; call 3 people; we need active participation to make this fundraiser successful!!! We have Tea & Togs on Saturday, May 13th. So mark your calendars and bring a friend.

You might have seen Brian working in the little trailer off the patio (Annex). We are doing a much needed remodel. This is where we test all electrical appliances before they are placed in the Thrift Store to be sold. I have written a grant proposal to cover the costs. Hopefully we will get it. I will keep you updated.

Allyn and I wrote a grant proposal to Ukiah Co-Op to continue their funding for our year-round salad bar. I know how much you enjoy it. Let's keep our fingers crossed.

In January, 2017, our volunteers donated a total of 1349.25 hrs. to the Senior Center.
At minimum wage (\$10), the total dollar amount for the month would be: \$13,492.50.

ALL OF US AT THE CENTER THANK YOU FOR
YOUR HARD WORK & DEDICATION.

IF YOU BRING IN YOUR EMPTY INK CARTRIDGES:

We can use them to get
discounts on our office supplies.



MOVE TO THE MUSIC

THIS CLASS IS A SAFE PLACE TO ENJOY MOVING
TO A VARIETY OF MUSIC WHICH INSPIRES YOU.
LET THE MUSIC MOVE YOUR BODY AND SPIRIT IN
A SPONTANEOUS WAY. THIS IS A FREE FORM
DANCE MOVEMENT CLASS WITH NO SPECIFIC
STEPS TO FOLLOW.

ALL AGES AND ABILITIES ARE WELCOME,
INCLUDING THOSE SITTING IN A CHAIR.

APRIL 11, 2017
THRU
MAY 30, 2017
TUESDAYS
1:30-2:30 PM

THERE IS A SIGN UP SHEET
AT THE FRONT DESK

\$1 PER
CLASS

WILLITS HARRAH SENIOR CENTER
1501 BAECHTEL ROAD
707-459-6826



HICAP

Health Insurance Counseling & Advocacy Program

FREE Consultations & Presentations

Help People with:

- ☒ Medicare Parts A & B
- ☒ Medicare Part C & Medigap Plans
- ☒ Medicare Part Rx Plans

HICAP is a non-profit program funded by California Department of Aging

Call Toll Free: 1-800-434-0222

Sponsor a Senior

If you would like to provide transportation or a meal for a needy senior, just come in to the Center or cut out this article and bring it in or send it to us with a check made out to WSI to: Willits Senior Center, 1501 Baechtel Road, Willits, CA 95490, along with this article. Just mark which of the following you choose:

- ☐ Good for 1 free meal \$5.50
- ☐ Good for a roundtrip ride (\$4 in town or \$8 from Brooktrails or Pine Mountain.)

** 10 meal punch cards are also available for: \$50.00.

Wish List:

Plastic Containers with Lids!!!

(If you have taken home something
from the Center in a plastic container,
**PLEASE BRING THE CONTAINER
BACK.**

The kitchen is OUT of containers.)





Willits Senior Center

March 2017

THRIFT SHOP (459-2176-direct line)

Members Only: Cut out your coupon & save \$2.00

Membership applications available at the Front Desk



**THRIFT SHOP HOURS: Monday—Friday, 9am. to 4:30pm.
Saturdays, 9am to 4pm.**



Sale Items Change Weekly. Shop early! Don't miss the deals!!
(Furniture delivery by appointment)

**IF YOU'RE DOWNSIZING OR GETTING NEW THINGS, THINK OF THE HARRAH
CENTER THRIFT STORE. ALL SALES REVENUE GOES RIGHT BACK INTO OUR
SENIOR CENTER PROGRAMS.**

Sonoma Clean Power

Serving Mendocino County starting June 2017

Informational Meeting

Sonoma Clean Power (SCP) is the official electricity provider for Sonoma and Mendocino counties. We provide the option of using cleaner electricity at competitive rates from sources like solar, wind, geothermal and hydropower. SCP is a not-for-profit public agency, independently run by the participating cities, including Fort Bragg, Point Arena, Willits, and the County of Mendocino.

Please join us for a public meeting to learn more about our services, your options, and the timeline for SCP beginning to serve Mendocino County.

Thursday, March 16th

Willits Harrah Senior Center

10:00 AM - 11:00 AM

1501 Baechtel Road, Willits



Local. Renewable. Ours.

www.sonomacleanpower.org

1 (855) 202-2139

Happy March Birthday to All!!! (Cut out the invitation below)

3-1 Randi Dalton, Doug Sawyers,
Stacey Wilson

3-2 George Leithner, Allyn Nonneman,
Rene O'Neill, Kacy Thomas

3-3 Tim Blackwell, Gordon Campbell,
Gerry Figg-Hoblyn, Gail Ward

3-8 Shirley Streeter

3-9 Dwayne St. Martin

3-10 Margaret Lingenfelter, Norman Middleton,
Joan Walter

3-11 Kathy Maples, Patsy Nanna

3-12 Dorcas Potter

3-13 Sue Sawyers

3-17 Sherry Bixler, Lee Persico, Tom Powell

3-20 Lois Judson

3-22 Lillian Anderson

3-23 Kate Barry, Margaret Judy,
William Longcrier

3-25 Sharon Bianchi, Paul Orsi, Mae Williams

3-26 Bill Good

3-28 Mark Linzie

3-29 Patricia Starrett



Entertainment for the
March Ice Cream Social
will be:

Greg Schindel

March, 2017 Birthday Invitation

If you are listed above, **CUT OUT & bring this invitation with you for your FREE birthday lunch.**

HAPPY BIRTHDAY!!!

The Center invites you to our
Birthday lunch on
Friday, March 31, 2017

Your free lunch can be used any
day in your birthday month.

Sign your name here:



SUNDAY BREAKFAST

Pancake Breakfast

Sunday, March 12th
8 am. to 11 am.

Menu:

Pancakes
Eggs any style
Bacon, Sausage, or Ham
Orange juice
Sugar Free Syrup
Or
Grandma's
Biscuits & Gravy

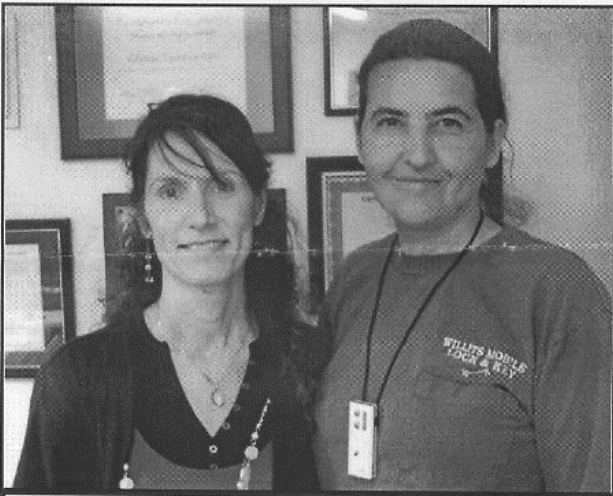
Adults \$7

Sr. Center Members \$6
(**MUST SHOW**
membership card to get
discount)

Children \$5



**BEST PANCAKES
IN TOWN**



"My new ... hearing aids and streamer device have brought me back into the hearing world. I cannot qualify the experience."

Mendocino/Lake Audiology
756 S. Dora St., Ukiah
(707) 463-2966

Savings Bank

OF MENDOCINO COUNTY

Member FDIC

Willits Office
145 South Main Street
Willits, CA 95490
(707) 459-5533

Laytonville Office
44920 Highway 101
Laytonville, CA 95454
(707) 984-6111

A tradition of value - pass it on!

Marc Komer
Legal Document Assistant
Estate Planning, Trusts, Wills
Probate, etc.



An Affordable Non-Attorney Service
In my office or your home **459-2775**

I am not an attorney, and can only provide self-help services at your specific direction

REDWOOD MEADOWS

Senior Apartment Community
(707) 459-1616 Phone/Fax

Libby, Manager

1475 Baechtel Rd.
Willits, CA 95490

Lee
Persico

DRE LIC # 00446837
707.459.5389

Roxanne
Lemos-Neese, GRI

DRE LIC #01712217
707.484.6489

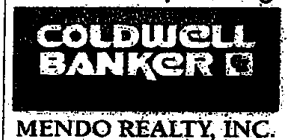
Expect the Best with
45 Years of Combined Experience!



roxanne@getmendohomes.com

1460 South Main Street
Willits, CA 95490

We never stop moving.



Thank You For Your Donations and Precious Time

Edith Ceccerelli

Pauline Grzanich

Pat Collins

Community Foundation

Mendo Mill

Mariposa Market

Donations for our Chili Cook-Off:

JD Redhouse

John Ford Beef

Mariposa Market

Don & Ann Alumbaugh



Week 1	Week 2	Week 3	Week 4	Week 5
3-1 Tuna Sandwich	3-6 Spaghetti	3-13 Lima Beans /Ham	3-20 Beef Tips	3-27 Bk. Chicken
3-2 Chicken Broccoli Cass.	3-7 Chili Chez Dog	3-14 Hamburger Steak	3-21 Chicken Cacciatore	3-28 Bk. Cod
3-3 Baked Cod	3-8 Salisbury Steak	3-15 Tilapia	3-22 Meat Loaf	3-29 Roast Pork
Seniors: \$5.50 Non-Seniors: \$7.50 Children: \$3.50	3-9 Chicken Enchilada Bake	3-16 Bk. Chicken	3-23 Polish Sausage	3-30 Taco Salad
Soup: 11:45 Lunch: 12-1	3-10 Pork Chop	3-17 Corned Beef	3-24 Chicken Fried Steak	3-31 Turkey

CENTER ACTIVITIES FOR: March, 2017



*****CHILI COOKOFF: Friday, March 10th, 5:30-7pm.**

*** BINGO: Sunday, March 5th, Lunch: 11am. Games: 11:30**

***PANCAKE BREAKFAST: Sunday, March 12th, 8-11am.**

***ST. PATRICK'S DAY: Friday, March 17th**

***ICE CREAM SOCIAL: Monday, March 13th, 1:30-2:30pm.**

***FOOD BANK: Monday, March 20th, 9:30-10:30am.**

***BIRTHDAY LUNCH: Friday, March 31st, 11:45-1pm.**



Monday

Stretch & Strength

Parkinson's Discussion & Support Group

Dining Rm. 9-10am

2nd & 4th Mondays of the month. Conference Rm.

10:30-11:45 am. Contact Linda Posner at 459-1941

Tuesday

Stretch & Strength

Bible Class

Computer Help Lab

Tuesday Bingo

Dining Rm. 9-10am

Lunch 11:30 Conference Rm. until 1:30

Lab. open 2-4pm.

Pot Luck 5pm. Game starts at 5:30pm

Wednesday

Stretch & Strength

Blood Pressure

Life Changes Group

Ukulele Group

Dining Rm. 9-10am

Dining Rm. 10am-12 Dorothy Coombs

Conference Rm. 10-11am.

Sunshine Rm. 1-2pm.

Thursday

Stretch & Strength

Hearing Services

Tibetan Singing Bowls

Dining Rm. 9-10am.

1st Thurs of month Sunshine Rm. 9-12 noon (463-2966/app.)

2nd & 4th Thurs. of month. Conference Rm. 1:30-2:30pm/

Friday

Stretch & Strength

Tole Painting

Bridge

Dining Rm. 9-10am.

Sunshine Room 9am-12noon

Conference Rm. 10am—2pm.

Willits Seniors Inc.
1501 Baechtel Road
Willits, CA 95490

Phone: (707) 459-6826
Fax: (707) 459-1772

US Postage Paid

Standard

Permit #58

Willits, CA

Current Resident or



Time to
Spring Ahead

Daylight
Savings
begins
Sunday,
March 12th.



Don't forget the
Chili Cook-off on
Friday, March 10th.
Be sure to get your
tickets and then be
ready to taste some
great Chili! And to
vote for your favor-
ite!

Bunko

Fee: \$12.00
Saturday
March 18, 2017
Time: 1:00—3:30

Harrah Senior Center
1501 Baechtel Rd
Willits - 459-6826

Raffle tickets:
\$1.00 ea. or 6 for \$5.00

The game is a fun and social activity in which players roll dice and rotate tables at the end of each game.

No experience is necessary. All are welcome.

A wide variety of delicious snack are provided. Each player receives a prize and there are additional door prizes available for lucky winners.