

Senior Moments

April 2017

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Dorcas Potter
Leslie Challenger
Kelli Gordon
Natalie Sadler

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Brian Armond
Lance Hodges

Experience Works:

Evelyn Swift

HAPPY EASTER!!



EASTER SUNDAY IS APRIL 16TH

Some fun Easter facts:

- 1. The tallest chocolate Easter Egg was made in Italy in 2011. It stood at 10.39 meters and weighed an astounding 7,200 kg.*
- 2. In the U.S., only 12 of the 50 states recognize Good Friday as a holiday.*
- 3. The art of painting eggs is called pysanka, which originated in the Ukraine. It involves using wax and dyes to color the egg.*
- 4. The term Easter gets its name from Eastre, the Anglo-Saxon goddess who symbolizes the hare and the egg.*
- 5. Peep Peep: did you know Americans buy more than 700 million marshmallow Peeps during Easter. This makes Peeps the most popular non-chocolate Easter candy.*
- 6. Americans consume more than 16 million jelly beans during Easter. That's enough jelly beans to circle the globe not once, not twice but three times!*

Check the back page for details on the Easter Bake Sale!!

DIRECTOR'S CORNER

FROM THE DESK OF RICHARD BAKER

Hello Everyone,

On February 24th the Board of Director's hosted a Retirement celebration for Allyn. No words could accurately express or acknowledge Allyn for her many years of dedication and service nor the immeasurable positive impact she has had on so many lives. I'm sad to see someone that means so much to so many leave us. Her accomplishments include writing 3 grants that gave us our Meals on Wheels truck, wheel chair accessible bus; equipped with motorized lift, and a new van which allows us to reach more remote areas to better serve you. Our Thrift Store has almost doubled in size. The Senior Center has been painted inside and out; new carpeting installed throughout the Center and new flooring in the kitchen. The Senior Center now has a new roof and a beautiful Patio out back. We also have a bountiful garden. I'm happy for Allyn, Dennis and their family. I wish them the best life has to offer.

WHAT'S HAPPENING AT THE CENTER

Our 10th Annual "CHILI COOK OFF" sponsored by Rotary Club of Willits generated \$2,243.51. The support of our local businesses and community members are what make our fund raisers successful. Show them your support by shopping at their businesses. If you get the opportunity thank them personally.

Our Stretch and Strength program offered Monday through Friday from 9:00 am to 10:00 am in our Dining Room is growing in numbers. Come join us; we all need exercise. Staying active is important for your health. What a great way to start your morning!!!

The Girl Scouts of Northern California, North Coast Area donated 270 boxes of various cookies. Next time you see a Girl Scout Fundraiser PLEASE think about their generous donation. We need to support each other. THANK YOU Patricia Wear and THANK YOU to all the Girl Scouts.

In February 2017, our volunteers donated a total of 1268.70 hrs. to the Senior Center.
At minimum wage (\$10), the total dollar amount for the month would be: \$12,687.00.

ALL OF US AT THE CENTER THANK YOU FOR
YOUR HARD WORK & DEDICATION.

IF YOU BRING IN YOUR EMPTY INK CARTRIDGES:

We can use them to get
discounts on our office supplies.



Quotation:

‘May today there be peace within.

May you trust that you are exactly where you are
meant to be.

May you not forget the infinite possibilities that
are born of faith in yourself and others.

May you use the gifts that you have received and
pass on the love that has been given to you.

May you be content with yourself just the
way you are.

Let this knowledge settle into your bones and
allow your soul the freedom to sing, dance,
praise and love.

It is there for each and every one of us.’

HICAP

Health Insurance Counseling & Advocacy Program
FREE Consultations & Presentations

Help People with:

- ☒ Medicare Parts A & B
- ☒ Medicare Part C & Medigap Plans
- ☒ Medicare Part Rx Plans

HICAP is a non-profit program funded by California Department of Aging

Call Toll Free: 1-800-434-0222

Sponsor a Senior

If you would like to provide transportation or a meal for a needy senior, just come in to the Center or cut out this article and bring it in or send it to us with a check made out to WSI to: Willits Senior Center, 1501 Baechtel Road, Willits, CA 95490, along with this article. Just mark which of the following you choose:

- ☐ Good for 1 free meal \$5.50
- ☐ Good for a roundtrip ride (\$4 in town or \$8 from Brooktrails or Pine Mountain.)

** 10 meal punch cards are also available for: \$50.00.

Wish List:

***Full size pickup truck for the Thrift Shop: new or used; in good working condition (tax deductible gift).**

***Plastic Containers with Lids.**





Willits Senior Center

April 2017

THRIFT SHOP (459-2176-direct line)

Members Only: Cut out your coupon & save \$2.00

Membership applications available at the Front Desk



**THRIFT SHOP HOURS: Monday—Friday, 9am. to 4:30pm.
Saturdays, 9am to 4pm.**



Sale Items Change Weekly. Shop early! Don't miss the deals!!
(Furniture delivery by appointment)

**IF YOU'RE DOWNSIZING OR GETTING NEW THINGS, THINK OF THE HARRAH
CENTER THRIFT STORE. ALL SALES REVENUE GOES RIGHT BACK INTO OUR
SENIOR CENTER PROGRAMS.**

**Please note that the current issues regarding federal
funding of Meals on Wheels Programs does not
affect our Meals on Wheels Program. We are
privately funded by a Trust and other fundrais-
ing programs here at the Center. Should you have
any questions please call Deb Holcomb our MOW
Coordinator 707-459-6826**

Volunteer of the Month Winner

Marlene Brown is our Volunteer of the Month winner for February. Marlene has been volunteering here at the Senior Center for quite some time. She does beverages at our monthly pancake breakfast and helps out with our Sunday Bingo as well. Marlene has taught in the Willits School System for many years and still does some substitute teaching.

She will be receiving a \$25 gift certificate to enjoy shopping at our Thrift Store.

Thank you Marlene, we appreciate all you do for us.

Happy April Birthday to All!!! (Cut out the invitation below)

4-7 Virginia Jorge
4-8 Frances Drew, Robert Petty
4-10 John Figg-Hoblyn
4-12 Tom Walker, Glenath Wear
4-15 Betty Janich, Beverly Johnson
4-16 Judi Berdis, Lucy Stanley, Susan Vonfeldt
4-17 Linda Wiley
4-18 Ethel Woodruff
4-19 Jean Jennings, Ari Lacelle
4-20 Mary Ceratto, Lou Meier
4-21 Don Alumbaugh, Claude Watter
4-23 Bruce Hutton

4-24 Clarence Tarver
4-25 Betty Arreguin, Carl Magann
4-27 Ronald Craig, Geri Durbin
4-28 Barbara Telich, Bruce Yoxall
4-30 Louise Harrison, Alan Judy



**Entertainment for the
April Ice Cream Social
will be:**

Jim Hardin

April, 2017 Birthday Invitation

If you are listed above, **CUT OUT & bring this invitation with you for your FREE birthday lunch.**

HAPPY BIRTHDAY!!!

The Center invites you to our
Birthday lunch on
Friday, April 28, 2017

Your free lunch can be used any
day in your birthday month.

Sign your name here:



SUNDAY BREAKFAST

Pancake Breakfast

Sunday, April 9th
8 am. to 11 am.

Menu:

Pancakes
Eggs any style
Bacon, Sausage, or Ham
Orange juice
Sugar Free Syrup
Or
Grandma's
Biscuits & Gravy

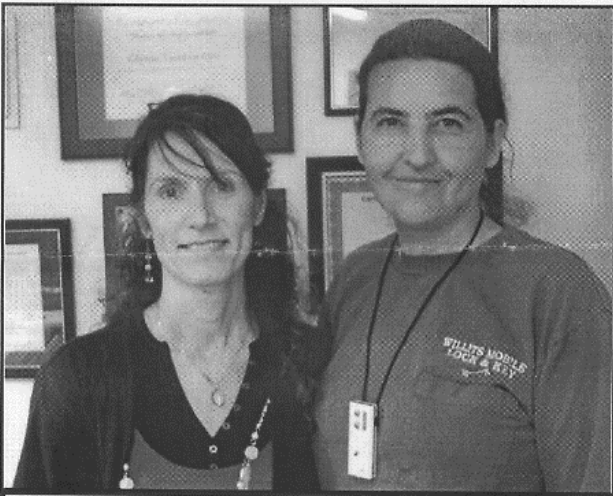
Adults \$7

Sr. Center Members \$6
(**MUST SHOW**
membership card to get
discount)

Children \$5



**BEST PANCAKES
IN TOWN**



"My new ... hearing aids and streamer device have brought me back into the hearing world. I cannot qualify the experience."

Mendocino/Lake Audiology
756 S. Dora St., Ukiah
(707) 463-2966

Savings Bank

OF MENDOCINO COUNTY

Member FDIC

Willits Office
145 South Main Street
Willits, CA 95490
(707) 459-5533

Laytonville Office
44920 Highway 101
Laytonville, CA 95454
(707) 984-6111

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Estate Planning, Trusts, Wills
Probate, etc.



An Affordable Non-Attorney Service
In my office or your home **459-2775**
I am not an attorney, and can only provide self-help services at your specific direction

REDWOOD MEADOWS

Senior Apartment Community
(707) 459-1616 Phone/Fax

Libby, Manager

1475 Baechtel Rd.
Willits, CA 95490

Lee Persico

DRE LIC # 00446837
707.459.5389

Roxanne Lemos-Neese, GRI

DRE LIC #01712217
707.484.6489

Expect the Best with
45 Years of Combined Experience!



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1460 South Main Street
Willits, CA 95490

We never stop moving.

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Thank You For Your Donations and Precious Time

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Al's Redwood Room
The Book Juggler
Safeway
Loose Caboose
John Ford Ranch
Ann Alumbaugh

Napa Auto
Willits Power & Hardware
JD Redhouse
Coast Hardware
Earth's Treasures
Mariposa Market



Week 1	Week 2	Week 3	Week 4	Week 5
4-3 Beef Tips	4-10 Lima Beans/ Ham	4-17 Chicken Enchilada Cass.	4-24 Baked Cod	Seniors: \$5.50 Non-Seniors: \$7.50 Children: \$3.50
4-4 Egg Salad Sandwich	4-11 Hamburger Steak	4-18 Lemon Tilapia	4-25 Spaghetti	
4-5 Roast Pork	4-12 Meat Loaf	4-19 Spinach Lasagna	4-26 Pulled Pork	
4-6 Chicken Cacciatore	4-13 Taco Salad	4-20 Sloppy Joes	4-27 Salisbury Steak	
4-7 Baked Cod	4-14 Bk. Chicken	4-21 Chicken Fried Steak	4-28 Turkey	

CENTER ACTIVITIES FOR: April, 2017

****EASTER BAKE SALE: Friday, April 14th, starting at 8:30 'til the goodies are gone!!**

*** BINGO: Sunday, April 2nd, Lunch: 11am. Games: 11:30**

***PANCAKE BREAKFAST: Sunday, April 9th, 8-11am.**

***ICE CREAM SOCIAL: Monday, April 10th, 1:30-2:30pm.**

****EASTER: Sunday, April 16th**

***FOOD BANK: Monday, April 17th, 9:30-10:30am.**

***BIRTHDAY LUNCH: Friday, April 28th, 11:45-1pm.**



Monday

Stretch & Strength

Parkinson's Discussion & Support Group

Dining Rm. 9-10am

2nd & 4th Mondays of the month. Conference Rm.

10:30-11:45 am. Contact Linda Posner at 459-1941

Tuesday

Stretch & Strength

Bible Class

Computer Help Lab

Tuesday Bingo

Dining Rm. 9-10am

Lunch 11:30 Conference Rm. until 1:30

Lab. open 2-4pm.

Pot Luck 5pm. Game starts at 5:30pm

Wednesday

Stretch & Strength

Blood Pressure

Life Changes Group

Ukulele Group

Dining Rm. 9-10am

Dining Rm. 10am-12 Dorothy Coombs

Conference Rm. 10-11am.

Sunshine Rm. 1-2pm.

Thursday

Stretch & Strength

Hearing Services

Dining Rm. 9-10am.

1st Thurs of month Sunshine Rm. 9-12 noon (463-2966/app.)

Friday

Stretch & Strength

Tole Painting

Bridge

Dining Rm. 9-10am.

Sunshine Room 9am-12noon

Conference Rm. 10am—2pm.

Willits Seniors Inc.
1501 Baechtel Road
Willits, CA 95490

Phone: (707) 459-6826
Fax: (707) 459-1772

US Postage Paid

Standard

Permit #58

Willits, CA



April Showers bring
May flowers, that is
what they say.
But if all the showers
turned to flowers, we'd
have quite a wonderful
day! There'd be bluebells and cockleshells,
tulips red and green, daffodils and Chinese
squill, the brightest you've ever seen.

Current Resident or

Bunko



Harrah Senior Center
1501 Baechtel Rd
Willits - 459-6826

Raffle tickets:
\$1.00 ea. or 6 for \$5.00

Fee: \$12.00
Saturday
April 22, 2017
Time: 1:00—3:30

The game is a fun and social activity in which
players role dice and rotate tables at the end of
each game.

No experience is necessary. All are welcome.

A wide variety of delicious snack are
provided. Each player receives a prize and there
are additional door prizes available for lucky
winners.

Easter Bake Sale
Friday April 14th.
8:30 am until everything is
gone!

