

Senior Moments

September 2017

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JOE, WILMA & THE GARDEN OF EATIN



Recently I walked out to the garden to visit with our gardeners, Wilma and Joe Schaffer, and help harvest some of the many vegetables that were waiting to be picked. That is some very back breaking work and I was worn out by the time I was through. I now have a new appreciation for all they do. Wilma and Joe are constantly out there working to keep our garden producing. On those really hot days, they are here either early in the morning or late in the evening.

If you have not visited our "Garden of Eatin" then please come and take a tour. Wilma and Joe are more than happy to walk you through the lush vegetation and explain all that is happening there. Their excitement is contagious. They would even appreciate help picking some of those vegetables you will see on your tour. All the vegetables picked from our garden are used in our kitchen and the overflow is sold in our Thrift Store at a reasonable price.

Wilma and Joe have taken over our garden and made it into something beautiful and beneficial to the center. Thank you for all you do!

Submitted by Deb Holcomb

DIRECTOR'S CORNER:

From the Desk of Richard Baker

Hello everyone,

If you get a chance stop by and take a look at our ALMOST NEW thrift store truck (only 15,000 miles). The purchase of the truck was made possible because people care about the Senior Center. They understand how importance the services we provide are in your day to day lives. **THANK YOU** Cathy Ortiz and John Smoot for honoring the Wishes of Wellington "Mac" McClellan by making a \$15,000 donation. We also had another individual, who wishes to remain anonymous, donate \$11,000. These 2 donations made it possible for us to purchase this much needed truck. **THANK YOU!!!**

The Senior Center would not be able to keep its doors open without caring individuals and local businesses donating their time, money and goods. We have great employees, a dedicated Board of Directors and countless volunteers who genuinely care and are committed to make sure the Senior Center is around for many years. We should all be grateful to be a part of such a special place.

We have recently encountered a very persistent individual who has vandalized our garbage dumpster alongside the thrift store. If anyone driving by or anyone who lives at Redwood Meadows happens to see anything unusual after business hours please call Willits Police Department 459-6122. **DO NOT** approach anyone let the police do their jobs.

We are trying to cut our losses in the Nutritional Department by increasing the amount of lunches we serve and cutting costs. Nancy has been cooking from scratch, incorporating fresh vegetables from the garden into your meals and shopping for excellent bargains on food all of which lower our costs. Members we need your active participation to help us achieve our goal by (1) spreading the word about our delicious lunches and (2) bringing a non-member to lunch. I believe if we can get someone who has never eaten here before to sample the delicious meals the kitchen has been providing they will definitely come back again.

My door is always open or I can be reached by phone at 459-6826 to address any concerns you may have.

Thanks for allowing me to serve as your Director.





Willits Senior Center

September 2017

THRIFT SHOP (459-2176-direct line)

Members Only: Cut out your coupon & save \$2.00

Membership applications available at the Front Desk

THRIFT SHOP HOURS: Monday—Friday, 9am. to 4:30pm.

Saturdays, 9am to 4pm.

Sale Items Change Weekly. Shop early! Don't miss the deals!!

(Furniture delivery by appointment)



IF YOU'RE DOWNSIZING OR GETTING NEW THINGS, THINK OF THE HARRAH CENTER THRIFT STORE. ALL SALES REVENUE GOES RIGHT BACK INTO OUR SENIOR CENTER PROGRAMS.

UP COMING EVENTS

Harrah Senior Center

1501 Baechtel Rd, Willits, CA

SEAFOOD & PASTA DINNER

Abalone donated by the

Department of Fish & Game

Complimentary glass of wine with dinner

DATE: September 15, 2017

TIME: 5-6:30 p.m.

Pre-Sale Tickets Only

Fee: \$40.00

***Happy Labor
Day!!***

Flea Market

September 2, 2017

Time: 8 a.m. to 1 p.m.



Hot Dogs or Root Beer Floats



\$3.00

1501 Baechtel Road

HARRAH SENIOR CENTER

IF YOU HAVE QUESTIONS OR WOULD LIKE TO RENT A SPACE:

CALL DEB HOLCOMB AT 707-459-6826

Happy September Birthday to All!!! (Cut out the invitation below)

9-2 Jack Wade
 9-4 Louis Schnitzler
 9-6 Bonnie Adair, Pom Cartwright
 Michael D. Smith
 9-7 Diana Rippey
 9-8 Ann Alumbaugh, Margie Lucas
 9-10 Gene Roediger
 9-11 Dorrie Ackermann, Ronald Bell,
 Warren Lewis
 9-12 Jerry Gonzalez, Barbara Turner,
 Terry Ulvila
 9-13 Millie Joy, Mary Kanne, Sharon Whipkey
 9-15 Vyrat Brown, Robert Terry
 9-16 Tom Schott
 9-17 Irene Durigan, Barbara Kleppen

9-19 Jack Bothwell
 9-20 Lorin Geoffrion
 9-21 Donald O'Reilly, Lynne Powell
 9-24 Jody Moore
 9-25 Marcia Bennett
 9-26 Carol Orton, Bob Simonson
 9-27 Ullis Briggs
 9-29 Margie Handley, Steve Lassey



September Ice Cream Social Entertainment

Uke Tones

Sept, 2017 Birthday Invitation

If you are listed above, **CUT OUT & bring this invitation with you for your FREE birthday lunch.**

HAPPY BIRTHDAY!!!

The Center invites you to our
 Birthday lunch on
 Friday, September 29, 2017

Your free lunch can be used any
 day in your birthday month.

Sign your name here:



SUNDAY BREAKFAST

Pancake Breakfast

Sunday, September
 10th
 8 am. to 11 am.

Menu:

Pancakes
 Eggs any style
 Bacon or Sausage
 Orange juice
 Sugar Free Syrup
 Or
 Grandma's
 Biscuits & Gravy

Adults \$8

Sr. Center Members \$7
**(MUST SHOW
 membership card to get
 discount)**

Children \$5



**BEST PANCAKES
 IN TOWN**



In July, 2017, our volunteers donated a total of 1359.50 hrs. to the Senior Center.
At minimum wage (\$10), the dollar amount for the month would be: \$13,595.00.

ALL OF US AT THE CENTER THANK YOU FOR
YOUR HARD WORK & DEDICATION.

VOLUNTEER of the Month



Our Volunteer of the month is Martha Morgan. She is 93 and full of energy. Martha is also our lemon meringue pie maker, I should say the best lemon meringue pie maker. If you've had one of her pies then you know what I'm talking about. You can find her pies at all our bake sales. She is also an avid thrift store volunteer. She claims she's retiring but still can be seen occasionally out in the Thrift Store. Thank you Martha for your dedication to our Senior Center.

VOLUNTEER APPRECIATION LUNCH 2017



One of the best volunteer luncheons we've had so far. Everyone enjoyed the girls from 10,000 Buddhas and their fan dance. The food was good as well.

THANK YOU EVERYONE!!

NAPA VALLEY CHICKEN SALAD



Prep time: 35 mins.

Ingredients:

1/2 cup Hidden Valley Original Ranch Dressing	1 cup seedless red grapes halved
1/2 cup chopped toasted pecans	1 teaspoon Dijon mustard
1 cup diced celery	2 green onions white & green parts chopped
8 ounces cooked chicken diced	

Directions:

1. In a small bowl, combine the dressing and mustard and stir until well blended.
2. In a large bowl add the chicken, grapes, celery, pecans and green onion. Add the dressing to the salad and toss until evenly coated. Chill covered for two hours before serving.

EASY BLACKBERRY COBBLER RECIPE

Divas Can Cook

Ingredients:

3 cups blackberries, fresh or frozen	1 cup milk
3/4 cup sugar	1 teaspoon vanilla
1 cup flour	1/2 cup sugar
2 teaspoons baking powder	1/2 cup butter, melted
1/2 teaspoons salt	



Directions:

1. Preheat oven to 375
2. Add blackberries to a bowl, add in 3/4 cup sugar. Stir and let sit until juices form (10-15 minutes). Set aside.
3. In a separate bowl, whisk together flour, baking powder, salt, and sugar. Add milk and stir to combine all ingredients and then add in vanilla. Stir in melted butter
4. Grease a 9 x 9 inch square pan with butter and pour batter into the pan.
5. Drop the blackberries right on top of the batter. Don't worry about doing this pretty or trying to get all the dough covered up.
6. Bake 35-45 minutes or until crust is golden. Let cool for at least 10 minutes

I AM THANKFUL:

For the wife who says it's hot dogs tonight, because she is home with me, and not out with someone else.

For the husband who is on the sofa being a couch potato, because he is home with me and not out at bars.

For the teenager who is complaining about doing dishes because it means she is home, not on the streets.

For the taxes I pay because it means I am employed.

For the mess to clean after a party because it means I have been surrounded by friends.

For the clothes that fit a little too snug because it means I have enough to eat.

For my shadow that watches me work because it means I am out in the sunshine.

For a lawn that needs mowing, windows that need cleaning, and gutters that need fixing, because it means I have a home.

For all the complaining I hear about the government because it means we have freedom of speech.

For the parking spot I find at the far end of the parking lot because it means I'm capable of walking and I have been blessed with transportation.

For my huge heating bill because it means I am warm.

For the lady behind me in church who sings off key because it means I can hear.

For the pile of laundry & ironing because it means I have clothes to wear.

For weariness and aching muscles at the end of the day because it means I have been capable of working hard.

For the alarm that goes off in the early morning hours because it means I am alive.

And finally, for too many e-mails because it means that I have friends who are thinking of me.

Submitted by Sue Sawyers

Thank You For Your Generous Donations and Precious Time

Mrs. Annie H. Hindes
Joanne Craighead
Julie Russ
Judith Goodrich
Roland Baking Company
Ms. Arlene Cannon,
Mr. & Mrs. Leland Kane
Mr. & Mrs. Bruce Andich
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Barbara Lincoln,
Ms. Margie Handley
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Mr. & Mrs. Jack Lutz
Ethel Redman



10 Signs You're Doing Well In Life

1. You have a roof over your head.
2. You ate today.
3. You have a good heart.
4. You wish good for others.
5. You have clean water.
6. Someone cares for you.
7. You forgive others.
8. You have clothes to wear.
9. You can smile.
10. You're breathing.

Be Thankful for the little Things.

Submitted by Kacy Thomas

I've learned that for a happy day, look for something bright & beautiful in nature. Listen for a beautiful sound, speak a kind word to some person, and do something nice for someone without their knowledge. Age 85

I've learned that the trick is to live a long time without growing old. Age 73

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Until We Meet Be Well!

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Please call to reserve your spot!

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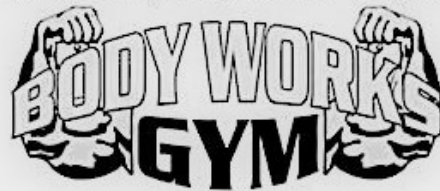
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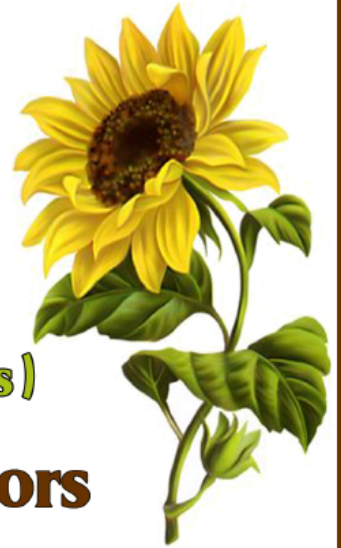
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someday is today. And this is your life.*

- John Green-

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If you would like to provide transportation or a
meal for a needy senior, just come in to the
Center or cut out this article and bring it in or
send it to us with a check made out to WSI to:
Willits Senior Center, 1501 Baechtel Road,
Willits, CA 95490, along with this article.
Just mark which of the following you choose:

- ☐ Good for 1 free meal \$5.50
- ☐ Good for a roundtrip ride (\$4 in town or
\$8 from Brooktrails or Pine Mountain.)

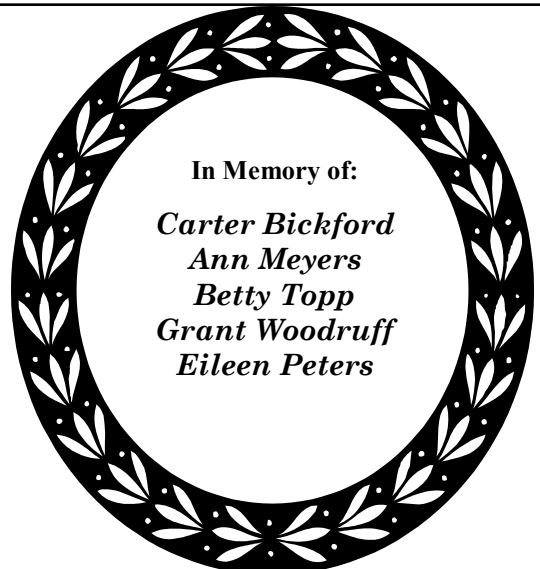
**** 10 meal punch cards are also available
for: \$50.00.**

Wish List:

- * **Brown bags with handles for take
out lunches.**
- * **Lunch bags for popcorn**

In Memory of:

*Carter Bickford
Ann Meyers
Betty Topp
Grant Woodruff
Eileen Peters*



Willits Seniors Inc.
1501 Baechtel Road
Willits, CA 95490

Phone: (707) 459-6826
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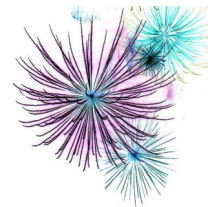
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**The Center
will be
CLOSED
Monday,
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VOLUNTEERS OF THE YEAR 2017



This years Volunteers of the Year are Alex Sierras and Diana Grigalba. You can find them at most events like the monthly Sunday Breakfast, Sunday Bingo, our booth at Airport Days, the Flea Market snack bar, the monthly Food Bank Day, setting up the Christmas Store and in our dining room at lunch. It is a rare occasion for them to say no when asked to help out. They are not short on compassion or kindness when it comes to helping out our seniors here at the center. Their dedication to the Senior Center and its patrons is outstanding. We are happy that they have chosen the Senior Center to give of their time.