Senior Moments

November 2017

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Thrift Shop:

Kathleen Barry Dorcas Potter Leslie Challenger Kelli Gordon

Maintenance/ Janitor

Brian Armond Lance Hodges



Our Thrift Store: The Fun Place to Shop

Come see the changes happening in our Thrift Store. We're moving merchandise around to change the look and feel of the store in hopes of making it more customer friendly and have room for more of those items that are in demand. We have a great crew (both employees and volunteers) working to help customers and make your visit to the store more enjoyable. Kelli Gordon, the thrift store manager, has some wonderful ideas that are making the back room more efficient as people bring donations in. All of these changes are making it easier to sort and price items.

You can find anything from furniture, kitchen ware, counter top appliances, clothes, knick knacks and more. There are often some fabulous deals on furniture and other items, you just never know what you might find.

Our Thrift Store keeps many of our programs going so please come by shop and support the Willits Senior Center.

DIRECTOR'S CORNER:

From the Desk of Richard Baker

Hello everyone,

I would like to offer our condolences to all those who lost loved ones and those who lost their homes in the recent fire. Words cannot accurately capture the heartbreak and loss some have experienced.

This emergency has opened my eyes to exactly how unprepared I was to face any disaster. I woke up early Monday morning unable to get back to sleep. I turned on the TV only to find out about the devastating fires spreading rapidly throughout Northern California. I have become so dependent on my cell phone I reached for it only to find myself without service. I felt worried, isolated and vulnerable when I was unable to get any information about our local fire or contact friends and family. I had no evacuation plan in place. Having a plan in place could mean the difference between surviving and not surviving. I am encouraging everyone to formulate an evacuation plan. Sit down with family and friends and neighbors and put a plan in place.

Thank you Police, Sheriff, Highway Patrol, National Guard, thank you firefighters near and far, thank you PG&E, thank you city, county, state and federal employees, and thank you to all the elected officials it was a total team effort. We appreciate each and every one of you. You did a tremendous job at providing us information and bringing calm to an extremely stressful situation. Thank you neighbors and caring individuals for reaching out and helping those in need, all of you make me proud to call Mendocino County home.

As always my door is open to address any concerns you may have or I can be reached by phone at 459-6826 ext. 102.

Thanks for allowing me to serve as your Director.



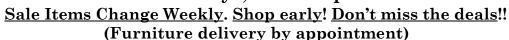
Willits Senior Center November 2017

THRIFT SHOP (459-2176-direct line)

Members Only: Cut out your coupon & save \$2.00

Membership applications available at the Front Desk

THRIFT SHOP HOURS: Monday—Friday, 9am. to 4:30pm. Saturdays, 9am to 4pm.





UP COMING EVENTS



WILLITS HARRAH SENIOR CENTER INVITES YOU TO OUR ANNUAL

BAKED POTATO BAR

FRIDAY, NOVEMBER 3, 2016 5:30-7:00 PM

YOUR CHOICE OF TOPPINGS DESSERT & BEVERAGE INCLUDED

MEMBERS -- \$8 (MUST PROVIDE MEMBERSHIP CARD) ADULTS -- \$9 CHILDREN --\$5

TICKETS ARE AVAILABLE AT

WILLITS HARRAH SENIOR CENTER 1501 BAECHTEL ROAD WILLITS, CA 95490 707-459-6826



Harrah Senior Center Presents Our

2nd Annual FUNding KAFFLE

DRAWING WILL BE HELD ON NOVEMBER 3, 2017 AT 7 PM
YOUR SUPPORT WILL SUSTAIN OUR MANY PROGRAMS FOR SENIORS AND SOON TO BE SENIORS

part from the transcript country for the region of the series

PRIZES GALORE



NEED NOT BE PRESENT TO WIN

TICKETS \$2.00 EACH OR 6 FOR \$10.00

PLEASE MAKE CHECK PAYABLE TO WILLITS SENIORS, INC. OR WSI

HARRAH SENIOR CENTER 1501 BAECHTEL RD WILLITS, CA 95490

501 C (3) NON PROFIT ORGANIZATION

WWW.WILLITSSENIORCENTER.COM

Happy October Birthday to All!!! (Cut out the invitation below)

11/1 Thomas Enberg

11/5 Catherine Warren, Chris Forest, Gary Bodensteiner, Margie Smith

11/7 Bill Shafer, Duncan Neff, Elaine Houpe

11/8 Mary Haskell, Charles Martin

11/9 Judith Tauber

11/10 Gloria Hood, Linda Kostanecki

11/11 Geraldine Lusnia, Kathy Lawrence

11/13 Debra Reyes, Janice Winters

11/14 Tom Peters

11/15 Debra Robertson, Kathleen Hutchinson

11/16 Jean Hanamoto, Judy Stien,

Lorri Barker

11/17 Dina Hutton

11/18 Ethel Redman

11/19 Gene Price, Jill Persico, Robert Potts

11/20 Janet Moore

11/21 Peter Winslow, Richard Hinchey

11/22 Philip Chapman

11/23 Judy Dunbar

11/24 Jay Gordon



Entertainment for the

November Ice Cream Social

is

Greg Schindel



SUNDAY BREAKFAST

Pancake Breakfast

Sunday, November 12th 8 am. to 11 am.

Menu:

Pancakes
Eggs any style
Bacon or Sausage
Orange juice
Sugar Free Syrup
Or
Grandma's
Biscuits & Gravy

Adults \$8

Sr. Center Members \$7
(MUST SHOW)
membership card to get
discount)

Children \$5





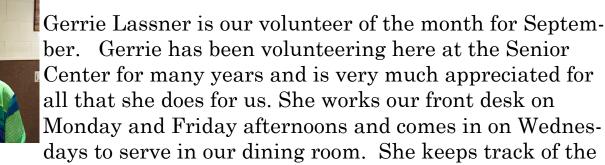
BEST PANCAKES



In 2017, our volunteers donated a total of <u>15,044 hrs</u>. to the Senior Center. At minimum wage (\$10.50), the dollar amount for the month would be: <u>\$157,962</u>.

ALL OF US AT THE CENTER THANK YOU FOR YOUR HARD WORK & DEDICATION.

VOLUNTEER of the Month



membership, wood applications and cards, answers phones and trains others to work the front desk.

Thank you Gerrie for a job well done!

VOLUNTEERS NEEDED!!

We are in desperate need of Volunteers for the following positions:

Dining Room

Tuesday - Beverages Server Clearer Wednesday - Beverage Server Scraper

Thursday - Scraper

Front Desk - These are 4 hour shifts and I am needing someone to be a sub.

Meals on Wheels Driver - This position is for our Meals on Wheels Truck in town. We are needing a driver for Tuesday. Must provide DMV print-out and current drivers license.

Clean up - Thanksgiving Dinner November 23rd. Please call Deb 459-6826.

Willits Community Services and Food Bank invites you to

28th Annual Willits Community
Thanksgiving Dinner

Thursday, November 23, 2017

THANKSGIVING DAY 11am—3pm

COME GIVE THANKS AND CELEBERATE THIS HOLIDAY WITH YOUR COMMUNITY AT THE

Willits Senior Center, 1501 Baechtel Rd.

There is no charge. Everyone may eat for free. Donations are gladly accepted & will benefit WCS & the Food Bank.

Volunteers please call 707-459-3333



UPSIDE DOWN PUMPKIN CAKE

Prep: 10 mins. Cook: 1 hour Preheat oven to 350 degrees

Ingredients:

1 (29 ounce) can pumpkin puree 3 eggs

2 teaspoons ground cinnamon 1 (12 ounce) can evaporated milk

½ teaspoon ground cloves 1 (18.25 ounce) package yellow cake mix with pudding

salt to taste 1 cup chopped pecans

1 3/4 cups white sugar 1 cup melted butter

Directions:

In a mixing bowl, blend pumpkin, cinnamon, cloves, salt, sugar, eggs and milk. Pour mixture into a 9x13 inch baking dish. Sprinkle dry cake mix and nuts over the batter. Pour melted butter over the cake.

Bake in a preheated 350 degree oven for 60 minutes and let cool. The cake will be "liquidy" at first, but will solidify as it cools.

PERFECT TURKEY BURGER

Prep Time: 35 mins. Cook Time: 20 mins.

4 servings

Ingredients:

1 large Portobello mushroom caps 1 teaspoon Worcestershire Sauce 1 tablespoon coarsely chopped shallot Sea Salt & freshly ground pepper

3 tablespoon lightly packed fresh parsley 8 thin slices manchego or white cheddar cheese

1 1/4 pounds lean ground turkey 4 English muffins, split

2 tablespoons extra-virgin olive oil, Dijon mustard, mayonnaise & sliced avocado for topping

plus some for brushing

Directions:

Use a spoon to scrape out the gills from the underside of the mushroom cap. Cut the cap into 1-inch pieces and transfer to a food processor. Add the shallot and parsley and pulse until shopped.

Transfer the mushroom mixture to a large bowl. Add the turkey, olive oil, Worcestershire sauce, 1 teaspoon salt, and pepper to taste; gently mix with your hands until just combined. Divide into 4 balls, then lightly press into 4-inch wide, 1-inch thick patties. Put on a large plate, cover and refrigerate until firm, about 30 minutes.

Preheat a grill to medium. Brush the grates with olive oil. Grill the patties, undisturbed, until marked on the bottom, 4 to 5 minutes. Give the patties a quarter turn and cook until marked again, 4 to 5 more minutes. Flip the patties and grill until cooked through, 6 to 7 more minutes; top each with 2 slices cheese during the last few minutes of cooking and cover with a disposable aluminum pan to melt.

Toast the English muffins on the grill, then spread with mustard and mayonnaise. Serve the patties on muffin top with avocado.









All Vendors Holiday Craft Fair

December 2, 2017 9:00 a.m. to 4 p.m.

Call Deb at 707-459-6826 ext. 104 to reserve your space. Space rental is \$30, due at time of registration. We will be doing the Brown Bag Raffle again this year. Please donate an item for this raffle.

> Harrah Senior Center 1501 Baechtel Road Willits, CA 95490





Firewood will be available starting November 14th

Wood will be available every Tuesday and Thursday from 9 am to 11 am on a first come first serve basis. 50 pieces of wood limit to each address/household every two weeks, even if there are several senior center members in one household. You can pick your wood up bi-weekly either the 1rst & 3rd week of the month or the 2nd & 4th week of the month.



Thank You For Your Generous Donations and Precious Time

Chris & Jeff Ceresa

Cal Fire

Ray Hebrard

Helen Oglesby

Diana Moore

Ann Alumbaugh

Mr. & Mrs. Keith Rongey

Jim & Merlene Saunders

Sarah Roediger

dorothy Roediger





Dental Care Personalized for Senior Needs

Dr. George Morarasu is offering a <u>Free Consultation</u> to Senior's that have missing teeth or are worried that they may lose their teeth soon.

Dental Implants may be right for you:

They restore almost 100% of your natural chewing power!

Custom designed to match your existing teeth & restore your smile!

Nothing removable, they are permanent!

Implants will help you maintain good oral health as well!



Our Team is dedicated to your teeth replacement options and specializes in Dental Implants. Your Oral Health needs are our #1 concern. Many other health issues are affected by Gum

Disease, don't let it go untreated. We are here to assist you in acquiring optimal oral Health.

Call us today for your FREE CONSULTATION and if you schedule a Dental Cleaning as well you will receive \$20.00 off of that appointment as well. We are waiting to hear from you at 707-468-8080, Mon – Thursday Visit our Website at www.fixgums.com for more information and meet our staff

Until We Meet Be Well!

CLASSIFIEDS

Mendocino/Lake Audiology



Ukiah Office: 756 S. Dora St. Ukiah, CA 95482 (707) 463-2966 Cleaning and Adjustment of Hearing Instruments

- Hearing Screenings
- Free Demonstration of Hearing Instruments
- 12-month ZERO-Interest Financing Plan (certain qualifications apply)

Appointments are scheduled for the **first Thursday** of each month at the Willits Senior Center.

Please call to reserve your spot!

Lakeport Office: 200 Lakeport Blvd. Lakeport, CA 95453 (707) 263-9428 Marc Komer
Legal Document Assistant
Estate Planning, Trusts, Wills
Probate, etc.



An Affordable Non-Attorney Service In my office or your home 459-2775

I am not an attorney, and can only provide self- help services at your specific direction

REDWOOD T



Senior Apartment Community (707) 459-1616 Phone/Fax

Libby, Manager

1475 Baechtel Rd. Willits, CA 95490

Sauings Bank of Mendocino County

Member FDIC

Willits Office

145 South Main Street Willits, CA 95490 (707) 459-5533 Laytonville Office

44920 Highway 101 Laytonville, CA 95454 (707) 984-6111 Lee Persico DRE LIC # 00446837 707.459.5389 Roxanne Lemos-Neese, GRI DRE LIC #01712217 707.484.6489

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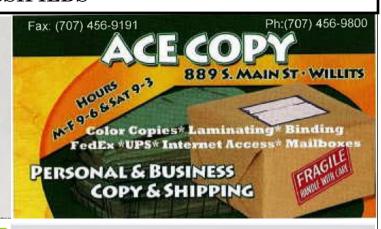


CLASSIFIEDS

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(707) 459-1010

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Willits Ca

707-459-1997

Body Works Gym & Martial Arts Center

1511-C S. Main St. Willits, CA 95490 (707)459-0594



Owners Joey DeMarco Mike Tobin

www.willitsbodyworksgym.com 24/7 Access, Free Kids Programs

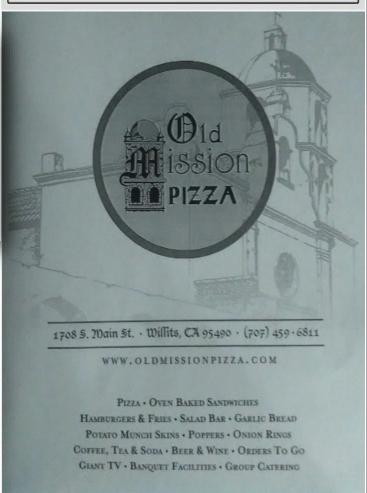


The Book Juggler

182 S. Main Street Willits, CA 95490 (707) 459-4075

www.thebookjuggler.com





CLASSIFIEDS

If you are 60 years old or over, ask the cashier for your Senior Discount!



(Excluding sale items & delivery fees)

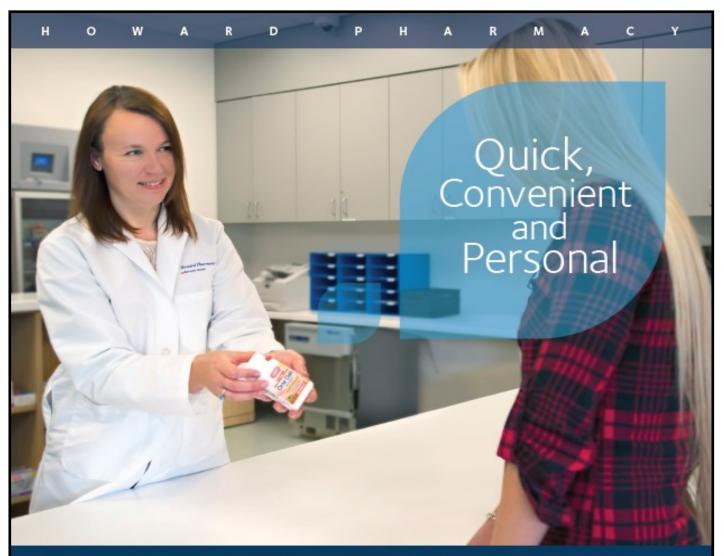
No Delivery Charge for seniors within Willits city limits.

SPARETIME SUPPLY 208 E. SAN FRANCISCO AVE. WILLITS (707)459-6791

Mariposa Market gives a 10% discount daily to seniors age 60 and above.



500 S. Main Street, Willits CA ◆ PH: 707.459-9630



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Frank R. Howard Memorial Hospital



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Randy Cantua

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D. Mills Matheson, M.D.

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1245 South Main St.

Willits, CA 95490

(707) 459-6861 phone

(707) 459-3057 fax

A Poem of Thanksgiving

The year has turned its circle,
The seasons come & go.
The harvest all is gathered in
And chilly north winds blow.
Orchards have shared their treasures

The fields, their yellow grain, So open wide the doorway, Thanksgiving comes again

Author: unknown

IF YOU BRING IN YOUR EMPTY INK CARTRIDGES: We can use them to get discounts on our office supplies.



TO OUR MEMBERS:

YOU SHOP. AMAZON GIVES.

If you order from Amazon:

next time order from **AmazonSmile**:

- * It will donate 0.5% of the price of your eligible **AmazonSmile** purchases to the charitable organization of your choice (the Senior Center??).
- * It's the same Amazon you know. Same products, same prices, same service.
- * Support your charitable organization by starting your shopping at **smile.amazon.com**.



HICAP

Health Insurance Counseling & Advocacy Program
FREE Consultations & Presentations

Help People with:

- ☑ Medicare Parts A & B
- ☑ Medicare Part C & Medigap Plans☑ Medicare Part Rx Plans

HICAP is a non-profit program funded by California Department of Aging

Call Toll Free: 1-800-434-0222

Sponsor a Senior

If you would like to provide transportation or a meal for a needy senior, just come in to the Center or cut out this article and bring it in or send it to us with a check made out to WSI to: Willits Senior Center, 1501 Baechtel Road, Willits, CA 95490, along with this article. Just mark which of the following you choose:

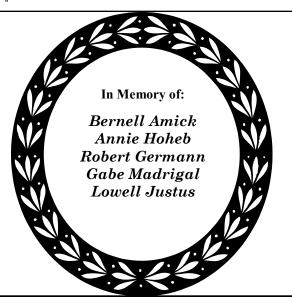
Good for 1 free meal \$5.50

Good for a roundtríp ríde (\$4 in town or \$8 from Brooktraíls or Pine Mountaín.)

** 10 meal punch cards are also avaílable for: \$50.00.

Wish List:

- * Brown bags with handles for take out lunches.
- We are in need of plastic pallets to be placed under the wood in the wood pile. Donations would be greatly appreciated so that we may purchase these plastic pallets



Willits Seniors Inc. 1501 Baechtel Road Willits, CA 95490

Phone: (707) 459-6826 Fax: (707) 459-1772 US Postage Paid Standard Permit #58 Willits, CA



Current Resident or

VETERANS DAY NOVEMBER 11TH

WE AT THE SENIOR CENTER ARE THANKFUL TO ALL THOSE VETERANS WHO HAVE SERVED OUR COUNTRY AND THEIR FAMILIES. WE ARE FOREVE GRATEFUL TO THOSE SOLDIERS WHO SERVE TO PROTECT OUR COUNTRY AND THE FAMILIES THAT STAND BESIDE THEM.

THIS YEAR VETERANS DAY IS
SATURDAY, NOVEMBER 11TH
AND WE WILL BE CLOSED.
HOWEVER, WE WILL HONOR
ALL VETERANS ON NOVEMBER
10TH WITH A FREE LUNCH.





Honoring All Veterans on Veterans Day

We thank you for your service and sacrifices. We are forever grateful!