Willits Seniors Inc. 1501 Baechtel Road Willits, CA 95490 Phone: 459-6826 Fax: (707) 459-1772 Thrift Store: 459-2176 Transportation: 459-5550

Senior Moments

January 2018

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Nutrition:

Nancy Middleton Linda Gnader Jules Gregory

Volunteer/MOW/Events Coordinator:

Deb Holcomb

Outreach:

Priscilla Tarver Sherry Bixler Francis Neumeyer

Thrift Shop:

Kathleen Barry Dorcas Potter Leslie Challenger Kelli Gordon

Maintenance/ Janitor

Brian Armond Lance Hodges



This month we feature our Transportation Department. We have a group of caring people working to get you to and from appointments, shopping or just get you here to the Senior Center for lunch or any of the other activities that you may need transportation for.

Terry Baker is our dispatcher and manages scheduling all the calls quite well. Her job is a tough one but she does it well. Stacey Shaul is our bus driver, Kacy Thomas drives the white van and Jules Gregory is our substitute driver. They all do a terrific job.

We are thankful for the wonderful job that each of them does, they are all very much appreciated.

DIRECTOR'S CORNER:

From the Desk of Richard Baker

Hello everyone,

Time sure went by quickly in 2017. Our Christmas store was a huge success again this year. Thank you to all those volunteers that helped Sue and dorothy with the Christmas Store.

Thanks to a \$1000 grant from Non-Profits United and Brian's handy work we now have an automatic door at the Thrift Store.

As our membership increases the number of newsletters we print increases and so does the cost to print and mail our newsletters. You will be receiving a call to ask if you would help us by receiving your newsletter by email. Deb will make a list of those of you kind enough to help us so we can make sure you receive an extra \$2.00 Thrift Store coupon. This will drastically reduce our cost to produce and mail our newsletter.

Let's all look forward to a very peaceful, healthy and productive New Year.

As always, my door is open or I can be reaches by phone at 459-6826 to address any concerns you may have.

Thanks for allowing me to serve as your Director.

Richard

WOOD FOR SENIORS by Patricia Kovner

One of the many services our Senior Center provides is free wood for members every other week through winter (You must meet all the qualifications for the wood program to receive wood). The wood is split, and cut to size complements of Cal-Fire and the Department of Corrections who deliver it from their cutting sites and from thoughtful members of our community who support the firewood program. Volunteers are on hand to count and help load the 50 pieces given to each member who signs up (one member per household), as long as supplies last.

There are currently 41 members signed up so far this year and for those of us who depend on wood heat, the program is a blessing. Even if we live on forested land, we may have no one to help cut and split the wood. Those of us who used to be able to do so are no longer able. Getting reliable help when needed has been an ongoing problem in this county, even if paying top dollar. Those too poor to hire anyone or who live without trees to cut are even more dependent on this service.

Trying to buy cords of wood is risky as well. High prices, sketchy availability, and poor quality wood are often the case. The one year I bought a cord, it was the last one I could find and had been on the bottom of the pile, covered in mud. I spent the winter scrubbing each piece before I could burn it.

Because of the recent fires, Cal-Fire and the Department of Corrections have been very busy but they are delivering wood to us. So far it been a very cold winter.

The Senior Center has a bulletin Board available to the public for posting wood-cutting or selling or for any other service. Please check with the office before posting anything to the bulletin boards. The Senior Center reserves the right to choose what we allow on our bulletin boards.



Willits Senior Center

January 2018

THRIFT SHOP (459-2176-direct line)

Members Only: Cut out your coupon & save \$2.00

Membership applications available at the Front Desk



THRIFT SHOP HOURS: Monday—Friday, 9am. to 4:30pm. Saturdays, 9am to 4pm.



Sale Items Change Weekly. Shop early! Don't miss the deals!! (Furniture delivery by appointment)

IF YOU'RE DOWNSIZING OR GETTING NEW THINGS, THINK OF THE HARRAH CENTER THRIFT STORE. ALL SALES REVENUE GOES RIGHT BACK INTO OUR

VOLUNTEERS



In November, 2017, our volunteers donated a total of <u>1394.75 hrs</u>. to the Senior Center. At minimum wage (\$10.50), the dollar amount for the month would be: <u>\$14,644.88</u>.

ALL OF US AT THE CENTER THANK YOU FOR YOUR HARD WORK & DEDICATION.

VOLUNTEERS NEEDED!!

We are in desperate need of Volunteers for the following positions:

Dining Room

Kitchen help

Front Desk - These are 4 hour shifts and I am needing someone to be a sub.

Thrift Store

Please call Deb 459-6826.

VOLUNTEER OF THE MONTH



Katie Barry is our volunteer of the month for November. She is originally from Chicago and moved here about 12

years ago. She has worked in our Thrift Store as both volunteer and partime as an employee for the last 10 years. Katie loves being around people and working in the Store. She is an avid shopper herself so our Thrift Store is the perfect place for her.

Thank you Katie for all you do for us.

Thank You For Your Generous Donations And Time

Christmas Store shoppers, Christmas Store Volunteers, See's Candy patrons, Michael Scott McEnnerney, Pine Cone Motel, Reno Turner, Non Profits United Bake sale patrons, Cal Fire, Brian Hartman Gene Truman, International Brotherhood of Electrical Workers Local Union 1245
Blosser Lane Elementary School students
Grace Community Church Carolers
Mendocino County Health & Human Services
Just for Fun Choir, Ethel Redman,
Willits Wild Bunch, Bonnie Koenig,
Willits Community Services & Food Bank



Firewood is available

Wood will be available every Tuesday and Thursday from 9 am to 11 am on a first come first serve basis. 50 pieces of wood limit to each address/household every two weeks, even if there are several senior center members in one household. You can pick your wood up bi-weekly either the 1st & 3rd week of the month or the 2nd & 4th week of the month.

Happy January Birthday to All!!! (Cut out the invitation below)

1-3 Karen Snow

1-4 Brian Armond, Joyce Smith

1-6 Diana Hoyt, Peggy Jones

1-7 Patricia Mushik

1-8 Louise Bell, Megan How-Prescott

1-9 Jeff Judson

1-10 Pauline Grznich, Goldie Hilkey, Eloise Toomey

1-12 Percy Cartwright, Leslie Challenger, Glen Muller

1-13 Mary Crothers, Gee Gee Querry

1-16 Earl Evans

1-19 Jim Eaglin

1-20 Shirley Duncan

1-21 Earlene Gleisner

1-23 Laura Meyer, Heidi Root

1-24 Monique Samuels

1-25 Susan García, Curtís Lingenfelter

1-26 Wolfgang Ronnefeldt

1-27 Beverly O'Ferrall

1-28 Alex Carlon

1-29 Neka Huffman



We will not be having our Ice Cream Social again until the summer. Thank you for your understanding.

See you then!

CHENERO CHENER

If you are listed above, CUT OUT & bring this invitation with you for your FREE birthday lunch. HAPPY BIRTHDAY!!! The Center invites you to our Birthday lunch on Friday, January 26, 2018 Your free lunch can be used any day in your birthday month. Sign your name here:

SUNDAY BREAKFAST

Pancake Breakfast

Sunday, January 14th 8 am. to 11 am.

Menu:

Pancakes
Eggs any style
Bacon or Sausage
Orange juice
Sugar Free Syrup
Or
Grandma's
Biscuits & Gravy

Adults \$8

Sr. Center Members \$7 (<u>MUST SHOW</u> membership card to get discount)

Children \$5





BEST PANCAKES IN TOWN



HUGS ARE POWERFUL...

They can be the comfort you need at
The end of a long frustrating day.
The impetus to express your grief,
A display of complete happiness.
They can communicate, "I have missed you" as easily as, "You will be missed."
They can mean the difference between
Feeling connected or isolated
Between hope and despair.
Never underestimate the power of a
Hug or your ability to ground another
Person long enough for them to catch
Their breath, to see the possibility they
May have missed.

Hug often. Hug well.

Submitted by Ken Querry



Dental Care Personalized for Senior Needs

Dr. George Morarasu is offering a **Free Consultation** to Senior's that have missing teeth or are worried that they may lose teeth soon.

Dental Implants may be right for you:

They restore almost 100% of your natural chewing power!

Custom designed to match your existing teeth & restore smile!

Nothing removable, they are permanent!

Implants will help you maintain good oral health as well!

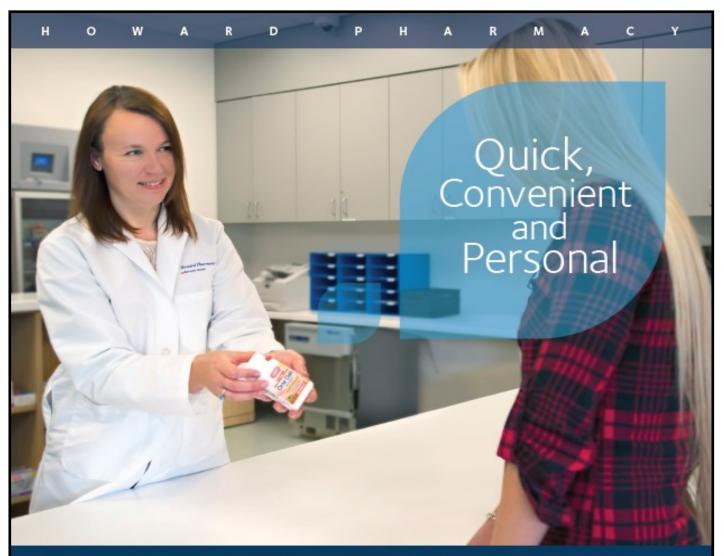


Our Team is dedicated to your teeth replacement options and specializes in Dental Implants. Your Oral Health needs are our #1 concern. Many other health issues are affected by Gum Disease, don't let it go untreated. We are here to assist you in acquiring optimal oral Health.

Call us today for your FREE CONSULTATION and if you schedule a dental cleaning as well you will receive \$20.00 off of that appointment as well. We are waiting to hear from you 707-468-8080 Mon – Thursday.

Visit our Website at www.fixgums.com for more information and meet our staff.

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10% off your purchase

(Excluding sale items & delivery fees)

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Sign up for your Mariposa Loyalty Card and earn points which you can use towards future purchases!



M-F: 8-7 SAT: 9 - 6 SUN: 9-5

500 S. Main Street, Willits CA ◆ PH: 707.459-9630

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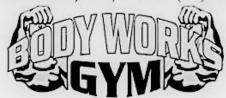
The Book Juggler

182 S. Main Street Willits, CA 95490 (707) 459-4075

www.thebookjuggler.com

Body Works Gym & Martial Arts Center

1511-C S. Main St, Willits, CA 95490 (707)459-0594



Owners Joey DeMarco Mike Tobin

www.willitsbodyworksgym.com 24/7 Access, Free Kids Programs

REDWOOD T



Senior Apartment Community (707) 459-1616 Phone/Fax

Libby, Manager

1475 Baechtel Rd. Willits, CA 95490

Savings Bank

OF MENDOCINO COUNTY

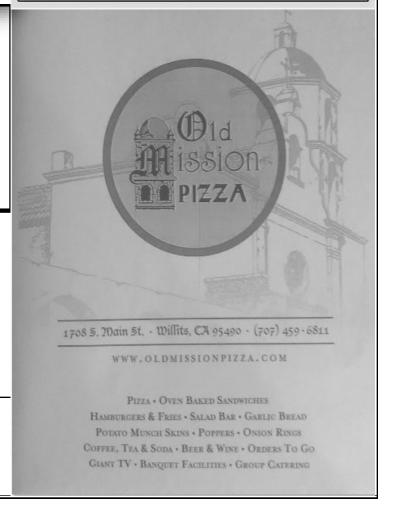
Willits Office 145 South Main Street Willits, CA 95490 (707) 459-5533

Laytonville Office 44920 Highway 101 Laytonville, CA 95454 (707) 984-6111

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Randy Cantua

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Ukiah Office: 756 S. Dora St. Ukiah, CA 95482 (707) 463-2966

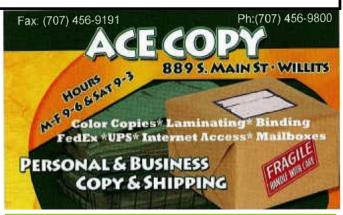
Cleaning and Adjustment of Hearing Instruments

- Hearing Screenings
- Free Demonstration of Hearing Instruments
- 12-month ZERO-Interest Financing Plan (certain qualifications apply)

Appointments are scheduled for the first Thursday of each month at the Willits Senior

Please call to reserve your spot!

Lakeport Office: 200 Lakeport Blvd. Lakeport, CA 95453 (707) 263-9428





Family Owned Two Locations

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Willits, Ca

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Willits Ca

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Mendocino Countv The Ill Roman FM 95.3/95.9 KOZT.com mobile

Wish List:

- * Laminator Machine
- We are in need of plastic pallets to be placed under the wood in the wood pile. **Donations** would be greatly appreciated so that we may purchase these plastic pallets



Willits Seniors Inc. 1501 Baechtel Road Willits, CA 95490

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