

Willits Seniors Inc. 1501 Baechtel Road Willits, CA 95490
Phone: 459-6826 Fax: (707) 459-1772 Thrift Store: 459-2176 Transportation: 459-5556

Senior Moments

June 2018

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For those of you who missed our May 18th Paint Pouring Class we will be scheduling another one soon. The class was held out on our beautiful patio. The smell of wisteria lingered in the air and the white twinkle lights gave a festive atmosphere to the whole setting. There was a lot of laughter going on as a result of everyone having a great time.

Rossi Jensen taught all of us the art of mixing acrylic paints and pouring them onto the canvas to achieve the beautiful end results that you see in the pictures above. Rossi lives here in Willits with her two sons and has opened an art studio recently in Ukiah. She has a great personality, funny and outgoing and she makes it easy to follow her instruction.

We are looking into other activities such as this to bring into our Senior Center. I'm always open to suggestions. Give me (Deb) a call at 459-6826.

DIRECTOR'S CORNER

From the Desk of Richard Baker

Hello everyone,

I would like to share a very touching story with you. I recently received word that Marsha, a long time recipient of our transportation services, was gravely ill and receiving hospice services. Facing imminent death, of all the people she wanted to spend time with, she asked for 2 of our drivers to stop by and visit with her. They both went to her home and spent time with her. She passed away 2 days later. This is a testament not just about these two drivers, but also about all our employees who go above and beyond all the time. It's a testament to the kind of people who live here; business owners who care enough to support us with their goods or monetary donations. It's a testament to a dedicated board of directors and a terrific group of volunteers who selflessly donate countless hours of their time. I want you all to know that every one of your contributions matter in a meaningful way in the lives of others. That's something I think we all should feel good about a being part of.

We're getting ready to address our annual budget and we need all the financial support we can get. We currently have approximately 475 members. I'm asking our members for their support. If each member donated \$20, that would be \$9,500. I know that's not possible for everyone, but if you find yourself in a situation that you can give a little extra, we sure could use your help. I think as members we should all feel grateful to have such a nice senior center.

My door is always open or I can be reached by phone at 459-6826 to address any concerns you may have.

Thank you for allowing me to serve as your Director.

Richard



Please join us:

Thursday, June 14, 2018

9:00-3:00

Willits Senior Center

June is Elder and Dependent Adult Abuse Awareness Month. Mendocino County Health & Human Services Agency will have Social Workers from the Adult and Aging Services Department available to answer your questions and provide information about these important issues. Our goal is to educate our community about Elder and Dependent Adult Abuse and reduce the likelihood of someone becoming a victim. Please call Adult Protective Services at 877-327-1799 if you suspect that an older or dependent adult needs help. We will have snacks available.

THIS MONTH IN THE GARDEN OF EATEN

Our gardeners, Wilma & Joe and an assorted number of garden gnomes (their helpers) have gotten all the seedlings out of the nursery and into their appointed mounds in our garden. We watch with anticipation as they start to grow. There is a variety of squash, tomatoes, green beans, onions, cucumbers, grapes and of course our pumpkin patch. We can always use a few more garden gnomes to help us out especially later on when it is time to harvest. Contact Deb at the Center if you're interested, 459-6826





Willits Senior Center

June 2018

THRIFT SHOP (459-2176-direct line)

Members Only: Cut out your coupon & save \$2.00
Membership applications available at the Front Desk

THRIFT SHOP HOURS: Monday—Friday, 9am. to 4:30pm.

Saturdays, 9am to 4pm.

Sale Items Change Weekly. Shop early! Don't miss the deals!!

(Furniture delivery by appointment)



IF YOU'RE DOWNSIZING OR GETTING NEW THINGS, THINK OF THE HARRAH CENTER THRIFT STORE.

ALL SALES REVENUE GOES RIGHT BACK INTO OUR SENIOR CENTER PROGRAMS.

VOLUNTEERS



In April, 2018 , our volunteers donated a total of 1561.75 hrs. to the Senior Center.

At minimum wage (\$10.50), the total dollar amount for the month would be: \$12,494.00.

ALL OF US AT THE CENTER THANK YOU FOR YOUR HARD WORK & DEDICATION.

VOLUNTEERS NEEDED!!

Dining Room: clearer, beverage servers & scrapers

Thrift Store helpers.

Please call Deb 459-6826.

PLEASE REMEMBER TO RENEW YOUR MEMBERSHIP BY THE END OF JUNE.

Thank You For Your Generous Donations And Time

Adventist Health

Howard Memorial

Hospital

Adventist Health

Howard Memorial

Hospital Medical

Staff

Joan Daniels

Sue Gillingham

Mrs. Anne Hinds

James and Jeanne

King

Glen Muller

Myrna Oglesby

Louis Schnitzler

Brent & Nancy

Walker

Willits Community

Theatre

Sharon Whipkey



The Book Juggler

182 S. Main Street
 Willits, CA 95490
 (707) 459-4075

www.thebookjuggler.com

REDWOOD MEADOWS

Senior Apartment Community
(707) 459-1616 Phone/Fax

Libby, Manager

1475 Baechtel Rd.
 Willits, CA 95490

Happy June Birthday to All!!! (Cut out the invitation below)

6-2 Alan Marshall
6-3 Ann Maxwell
6-5 Cathy Decker, Brigitte Parks
6-8 Patricia McComish, Drexel Smultz
6-10 Beckie Blackburn, Joyce Britton,
Anthony Cody
6-11 Betty Breitlow, Michel Frey, Sandy Peters,
Michael Z. Smith
6-12 Donna Brown, Carol Deuel
6-13 Ron Stamps, Darleen Ward
6-14 Leonard Bekman, Frances Neumeyer
6-15 Dusty Rhodes, Carl Thompson
6-16 Nicholas Durupt, Linda Posner
6-18 Jeanne Koelle
6-19 Patricia Houtz, Diana Moore
6-20 Linda Breckenridge, Mary Brodien,
Marlene Brown, Sherrie Ebyam
6-22 Barney St. Martin
6-23 Jane Belden, Walt Williams

6-24 Nancy Boone, Ken Wickstrom
6-25 Brian Marshall
6-28 Fritz Edmonds
6-29 Mary Durupt
6-30 Mitchell Hood



ICE CREAM SOCIAL WILL BE
STARTING UP AGAIN ON
MONDAY, JUNE 11, 2018.

ENTERTAINMENT BY:
COSMIC FAMILY

June Birthday Invitation

If you are listed above, **CUT
OUT & bring this invitation
with you for your FREE
birthday lunch.**

HAPPY BIRTHDAY!!!

The Center invites you to our
Birthday lunch on
Friday, June 29, 2018

Your free lunch can be used any
day in your birthday month.

Sign your name here:

SUNDAY BREAKFAST

Pancake Breakfast

Sunday, June 10th
8 am. to 11 am.

Menu:

ALL YOU CAN EAT
PANCAKES!
REAL MAPLE SYRUP
AVAILABLE AT AN
EXTRA CHARGE
Eggs any style
Bacon or Sausage
Sugar Free Syrup

Or
Grandma's Biscuits
& Gravy
NOW SERVING PEET'S
COFFEE

Adults \$8
Sr. Center Members \$7
Children \$6



**BEST PANCAKES
IN TOWN**

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Willits

Littlelakehealthcenter.org

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ROASTED ASPARAGUS WITH MUSHROOMS

Prep: 10 minutes

Cook: 15 minutes

Ready in: 25 minutes

Ingredients:

1 bunch fresh asparagus, trimmed
2 sprigs fresh rosemary, minced
Kosher salt to taste

1/2 lb. fresh mushrooms, quartered
2 teaspoons olive oil
Freshly ground black pepper to taste



Directions:

1. Preheat oven to 450 degrees. Lightly spray a cookie sheet with vegetable cooking spray.
2. Place the asparagus and mushrooms in bowl. Drizzled with the olive oil, then season with rosemary, salt and pepper; toss well. Lay the asparagus and mushrooms out on the prepared pan in an even layer. Roast in preheated oven until the asparagus is tender, about 15 minutes.



Dental Care Personalized for Senior Needs

Dr. George Morarasu is offering a **Free Consultation** to Senior's that have missing teeth or are worried that they may lose teeth soon.

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459-4854
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P.O. Box 428

Death is nothing at all. It does not count. I have only slipped away into the next room. Nothing has happened. Everything remains exactly as it was. I am I, and you, and the old life that we lived so fondly together is untouched, unchanged. Whatever we were to each other, that we are still. Call me by the old familiar name. Speak of me in the easy way which you always used. Put no difference into your tone. Wear no forced air of solemnity or sorrow. Laugh as we always laughed at the little jokes that we enjoyed together. Play, smile, think of me, pray for me. Let my name be ever the household word that it always was. Let it be spoken without an effort, without the ghost of a shadow upon it. Life means all that it ever meant. It is the same as it ever was. There is absolute and unbroken continuity. What is death but a negligible accident? Why should I be out of mind because I am out of sight? I am but waiting for you, for an interval, somewhere very near, just round the corner. All is well.

Henry Scott Holland,
Regius Professor of Divinity,
University of Oxford




The COAST Mendocino County
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Marc Komer
Legal Document Assistant
Estate Planning, Trusts, Wills
Probate, etc.



An Affordable Non-Attorney Service
In my office or your home 459-2775

I am not an attorney, and can only provide self-help services at your specific direction



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Randy Cantua

Agent

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Appointments are scheduled for the **first Thursday** of each month at the Willits Senior Center.

Please call to reserve your spot!

Ukiah Office:
756 S. Dora St.
Ukiah, CA 95482
(707) 463-2966

Lakeport Office:
200 Lakeport Blvd.
Lakeport, CA 95453
(707) 263-9428

Sponsor a Senior

If you would like to provide transportation or a meal for a needy senior, just come in to the Center or cut out this article and bring it in or send it to us with a check made out to WSI to: Willits Senior Center, 1501 Baechtel Road, Willits, CA 95490, along with this article.

Just mark which of the following you choose:

- ☐ Good for 1 free meal \$6.50
- ☐ Good for a roundtrip ride (\$4 in town or \$8 from Brooktrails or Pine Mountain.)
- ☐ ** 10 meal punch cards are also available for: \$60.00.

IF YOU BRING IN YOUR EMPTY INK CARTRIDGES: We can use them to get discounts on our office supplies.



Willits Seniors Inc.
1501 Baechtel Road
Willits, CA 95490

Phone: (707) 459-6826
Fax: (707) 459-1772

US Postage Paid

Standard

Permit #58

Willits, CA



**Father's
Day is Sunday,
June 17th**

Current Resident or

Harrah Senior Center

**PRESENTS A
DRIVE THRU DINNER FOR TWO (2)**

**JUNE 15, 2018
5 P.M. – 6:30 P.M.**



Menu

**BBQ CHICKEN, POTATO SALAD,
CORN ON THE COBB, GARLIC BREAD
BROWNIES
\$25.00**

BBQ Courtesy of the Willits Lion's Club

***Presale Tickets only!
Purchase at Harrah Senior Center!
Pick up Dinner at the Senior Center
1501 Baechtel Road
707-459-6826***

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Harrah Senior Center Thrift Store
Thank you Volunteers!!!***



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