Willits Seniors Inc. 1501 Baechtel Road Willits, CA 95490

Phone: 459-6826 Fax: (707) 459-1772 Thrift Store: 459-2176 Transportation: 459-5556

Senior Moments

June 2018

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Thrift Shop:

Kathleen Barry Dorcas Potter Leslie Challenger Kelli Gordon

> <u>Maintenance/</u> <u>Janitor</u>

Brian Armond Lance Hodges



For those of you who missed our May 18th Paint Pouring Class we will be scheduling another one soon. The class was held out on our beautiful patio. The smell of wisteria lingered in the air and the white twinkle lights gave a festive atmosphere to the whole setting. There was a lot of laughter going on as a result of everyone having a great time.

Rossi Jensen taught all of us the art of mixing acrylic paints and pouring them onto the canvas to achieve the beautiful end results that you see in the pictures above. Rossi lives here in Willits with her two sons and has opened an art studio recently in Ukiah. She has a great personality, funny and outgoing and she makes it easy to follow her instruction.

We are looking into other activities such as this to bring into our Senior Center. I'm always open to suggestions. Give me (Deb) a call at 459-6826.

DIRECTOR'S CORNER

From the Desk of Richard Baker

Hello everyone,

I would like to share a very touching story with you. I recently received word that Marsha, a long time recipient of our transportation services, was gravely ill and receiving hospice services. Facing imminent death, of all the people she wanted to spend time with, she asked for 2 of our drivers to stop by and visit with her. They both went to her home and spent time with her. She passed away 2 days later. This is a testament not just about these two drivers, but also about all our employees who go above and beyond all the time. It's a testament to the kind of people who live here; business owners who care enough to support us with their goods or monetary donations. It's a testament to a dedicated board of directors and a terrific group of volunteers who selflessly donate countless hours of their time. I want you all to know that every one of your contributions matter in a meaningful way in the lives of others. That's something I think we all should feel good about a being part of.

We're getting ready to address our annual budget and we need all the financial support we can get. We currently have approximately 475 members. I'm asking our members for their support. If each member donated \$20, that would be \$9,500. I know that's not possible for everyone, but if you find yourself in a situation that you can give a little extra, we sure could use your help. I think as members we should all feel grateful to have such a nice senior center.

My door is always open or I can be reached by phone at 459-6826 to address any concerns you may have.

Thank you for allowing me to serve as your Director.

Richard



Please join us: Thursday, June 14, 2018 9:00-3:00 Willits Senior Center

June is Elder and Dependent Adult Abuse Awareness Month. Mendocino County Health & Human Services Agency will have Social Workers from the Adult and Aging Services Department available to answer your questions and provide information about these important issues. Our goal is to educate our community about Elder and Dependent Adult Abuse and reduce the likelihood of someone becoming a victim. Please call Adult Protective Services at 877-327-1799 if you suspect that an older or dependent adult needs help. We will have snacks available.

THIS MONTH IN THE GARDEN OF EATEN

Our gardeners, Wilma & Joe and an assorted number of garden gnomes (their helpers) have gotten all the seed-lings out of the nursery and into their appointed mounds in our garden. We watch with anticipation as they start to grow. There is a variety of squash, tomatoes, green beans, onions, cucumbers, grapes and of course our pumpkin patch. We can always use a few more garden gnomes to help us out especially later on when it is time to harvest. Contact Deb at the Center if you're interested, 459-6826



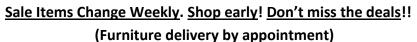


Willits Senior Center June 2018 THRIFT SHOP (459-2176-direct line)

Members Only: Cut out your coupon & save \$2.00 Membership applications available at the Front Desk

THRIFT SHOP HOURS: Monday—Friday, 9am. to 4:30pm.

Saturdays, 9am to 4pm.





IF YOU'RE DOWNSIZING OR GETTING NEW THINGS, THINK OF THE HARRAH CENTER THRIFT STORE.
ALL SALES REVENUE GOES RIGHT BACK INTO OUR SENIOR CENTER PROGRAMS.

VOLUNTEERS



In <u>April, 2018</u>, our volunteers donated a total of <u>1561.75 hrs</u>. to the Senior Center. At minimum wage (\$10.50), the total dollar amount for the month would be: <u>\$12,494.00</u>. ALL OF US AT THE CENTER THANK YOU FOR YOUR HARD WORK & DEDICATION.

VOLUNTEERS NEEDED!!

Dining Room: clearer, beverage serv-

ers & scrapers

Thrift Store helpers.

Please call Deb 459-6826.

PLEASE REMEMBER TO RENEW YOUR MEMBERSHIP BY THE END OF JUNE.

Thank You For Your Generous Donations And Time

Adventist Health

Howard Memorial

Hospital

Adventist Health

Howard Memorial

Hospital Medical

Staff

Joan Daniels

Sue Gillingham

Mrs. Anne Hinds

James and Jeanne

King

Glen Muller

Myrna Oglesby

Louis Schnitzler

Brent & Nancy

Walker

Willits Community

Theatre

Sharon Whipkey





The Book Juggler

182 S. Main Street Willits, CA 95490 (707) 459-4075

www.thebookjuggler.com

REDWOOD T



* MEADOWS

Senior Apartment Community (707) 459-1616 Phone/Fax

Libby, Manager

1475 Baechtel Rd. Willits, CA 95490

Happy June Birthday to All!!! (Cut out the invitation below)

6-2 Alan Marshall

6-3 Ann Maxwell

6-5 Cathy Decker, Brigitte Parks

6-8 Patricia McComish, Drexel Smultz

6-10 Beckie Blackburn, Joyce Britton,

Anthony Cody

6-11 Betty Breitlow, Michel Frey, Sandy Peters,

Michael Z. Smith

6-12 Donna Brown, Carol Deuel

6-13 Ron Stamps, Darleen Ward

6-14 Leonard Bekman, Frances Neumeyer

6-15 Dusty Rhodes, Carl Thompson

6-16 Nicholas Durupt, Linda Posner

6-18 Jeanne Koelle

6-19 Patricia Houtz, Diana Moore

6-20 Linda Breckenridge, Mary Brodien,

Marlene Brown, Sherrie Ebyam

6-22 Barney St. Martín

6-23 Jane Belden, Walt Williams

6-24 Nancy Boone, Ken Wickstrom

6-25 Brían Marshall

6-28 Fritz Edmonds

6-29 Mary Durupt

6-30 Mitchell Hood



ICE CREAM SOCIAL WILL BE STARTING UP AGAIN ON MONDAY, JUNE 11, 2018.

ENTERTAINMENT BY:

COSMIC FAMILY



SUNDAY BREAKFAST

Pancake Breakfast

Sunday, June 10th 8 am. to 11 am.

Menu:

ALL YOU CAN EAT PANCAKES!

REAL MAPLE SYRUP AVAILABLE AT AN

EXTRA CHARGE

Eggs any style

Bacon or Sausage

Sugar Free Syrup

Or

Grandma's Biscuits

& Gravy

NOW SERVING PEET'S

COFFEE

Adults \$8

Sr. Center Members \$7

Children \$6







BEST PANCAKIES IN TOWN



ROASTED ASPARAGUS WITH MUSHROOMS

Prep: 10 minutes Cook: 15 minutes

Ready in: 25 minutes

Ingredients:

1 bunch fresh asparagus, trimmed 2 sprigs fresh rosemary, minced Kosher salt to taste



1/2 lb. fresh mushrooms, quartered 2 teaspoons olive oil Freshly ground black pepper to taste

Directions:

- 1. Preheat oven to 450 degrees. Lightly spray a cookie sheet with vegetable cooking spray.
- 2. Place the asparagus and mushrooms in bowl. Drizzled with the olive oil, then season with rosemary, salt and pepper; toss well. Lay the asparagus and mushrooms out on the prepared pan in an even layer. Roast in preheated oven until the asparagus is tender, about 15 minutes.



Dr. George Morarasu is offering a Free Consultation to Senior's that have missing teeth or are worried that they may lose teeth soon.

Dental Implants may be right for you:

They restore almost 100% of your natural chewing power!

Custom designed to match your existing teeth & restore smile!

Nothing removable, they are permanent!

Implants will help you maintain good oral health as well!

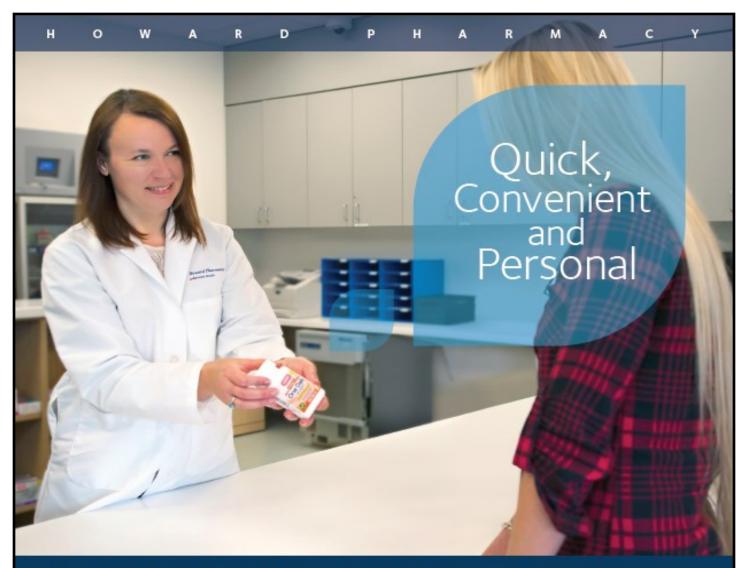


Our Team is dedicated to your teeth replacement options and specializes in Dental Implants. Your Oral Health needs are our #1 concern. Many other health issues are affected by Gum Disease, don't let it go untreated. We are here to assist you in acquiring optimal oral Health.

Call us today for your FREE CONSULTATION and if you schedule a dental cleaning as well you will receive \$20.00 off of that appointment as well. We are waiting to hear from you 707-468-8080 Mon – Thursday.

Visit our Website at www.fixgums.com for more information and meet our staff.

Until We Meet Be Well



A Whole New Way to Get Your Prescriptions

As the newest member of the Howard Hospital family of services, we're proud to continue the legacy of great care that HMH is known for. At Howard Pharmacy, you can expect outstanding customer service, expert support, and convenient pharmacy services designed to serve you.

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Monday to Friday 9:00 AM - 5:30 PM

Frank R. Howard Memorial Hospital



3 MARCELA DRIVE, SUITE B | (IN FRONT OF THE NEW HOSPITAL, RIGHT NEXT TO REDWOOD MEDICAL CLINIC)

www.adventisthealth.org/howard-memorial

CLASSIFIEDS

If you are 60+ ask for your

Senior Discount!

10% off your purchase



Excluding sale items & delivery Fees

No Delivery Charge for seniors within Willits city limits.

208 E. San Francisco Ave. Willits, CA 95490 (707)459-6791

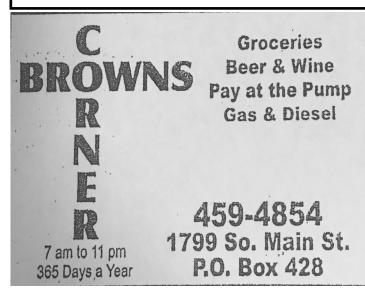
Sign up for your Mariposa Loyalty Card and earn points which you can use towards future purchases!

Since 1979 OPEN DAILY



500 S. Main Street, Willits CA ◆ PH: 707.459-9630

CLASSIFIEDS



Death is nothing at all. It does not count. I have only slipped away into the next room. Nothing has happened. Everything remains exactly as it was. I am I, and you, and the old life that we lived so fondly together is untouched, unchanged. Whatever we were to each other, that we are still. Call me by the old familiar name. Speak of me in the easy way which you always used. Put no difference into your tone. Wear no forced air of solemnity or sorrow. Laugh as we always laughed at the little jokes that we enjoyed together. Play, smile, think of me, pray for me. Let my name be ever the household word that it always was. Let it be spoken without an effort, without the ghost of a shadow upon it. Life means all that it ever meant. It is the same as it ever was. There is absolute and unbroken continuity. What is death but a negligible accident? Why should I be out of mind because I am out of sight? I am but waiting for you, for an interval, somewhere very near, just round the corner. All is well.

Henry Scott Holland, Regius Professor of Divinity, University of Oxford

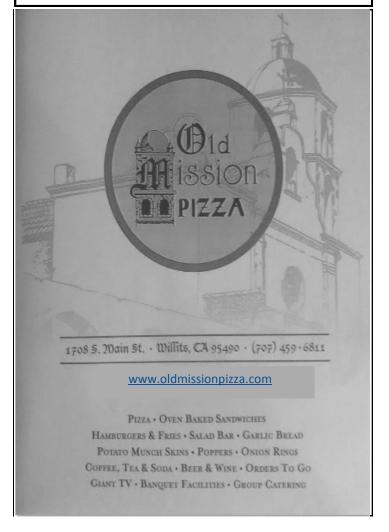


Marc Komer
Legal Document Assistant
Estate Planning, Trusts, Wills
Probate, etc.



An Affordable Non-Attorney Service In my office or your home 459-2775

I am not an attorney, and can only provide self-help services at your specific direction



If you were born on or before this day in 1953

Receive a 10% Senior Discour



Some restrictions apply. See store for details



Cantua Insurance Agency 16 W. Valley St., Willits CA 95490 786 Redwood Drive Garberville, CA 95542 Tel 707.459.3276

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D. Mills Matheson, M.D.

Elizabeth Whipkey-Olson, D.O

Accepting patients without insurance, Medicare, Medi-Cal, Blue Shield, Blue Cross, Delta, and many other insurances.

1245 South Main St.

Willits, CA 95490

CLASSIFIEDS

Mendocino/Lake Audiology



Ukiah Office: 756 S. Dora St. Ukiah, CA 95482 (707) 463-2966

- Cleaning and Adjustment of Hearing Instruments
- Hearing Screenings
- Free Demonstration of Hearing Instruments
- 12-month ZERO-Interest Financing Plan (certain qualifications apply)

Appointments are scheduled for the first Thursday of each month at the Willits Senior Center.

Please call to reserve your spot!

Lakeport Office: 200 Lakeport Blvd. Lakeport, CA 95453 (707) 263-9428

Sponsor a Senior

If you would like to provide transportation or a meal for a needy senior, just come in to the Center or cut out this article and bring it in or send it to us with a check made out to WSI to: Willits Senior Center, 1501 Baechtel Road, Willits, CA 95490, along with this article.

Just mark which of the following you choose:

	Good for 1 free m	neal \$6.50
--	-------------------	-------------

Good for a roundtrip ride (\$4 in town or \$8 from Brooktrails or Pine Mountain.)

** 10 meal punch cards are also ava	ilable
for: \$60.00.	

IF YOU BRING IN YOUR EMPTY INK CARTRIDGES: We can use them to get discounts on our office supplies.



Willits Seniors Inc. 1501 Baechtel Road Willits, CA 95490

Phone: (707) 459-6826 Fax: (707) 459-1772 **US Postage Paid**

Standard

Permit #58

Willits, CA



Father's Day is Sunday, June 17th **Current Resident or**

Harrah SeniorCenter

PRESENTS A
DRIVE THRU DINNER FOR TWO (2)

JUNE 15, 2018 5 P.M. – 6:30 P.M.



Menu

BBQ CHICKEN, POTATO SALAD, CORN ON THE COBB, GARLIC BREAD BROWNIES \$25.00

BBQ Courtesy of the Willits Lion's Club

Presale Tickets only! Purchase at Harrah Senior Center! Pick up Dinner at the Senior Center 1501 Baechtel Road 707-459-6826

Thanks to our sponsors!
Willits Lion's Club
Harrah Senior Center Thrift Store
Thank you Volunteers!!!

