

CENTER ACTIVITIES FOR APRIL 2019



BINGO: Sunday, April 7th

PANCAKE BREAKFAST: Sunday, April 14th, 8-11 am

ICE CREAM SOCIAL: Monday, April 15th, 1:30-2:30pm

FOOD BANK: Tuesday, April 16th, 9:30-11:30 am

EASTER BAKE SALE: Friday, April 19th, 8 am until gone.

BIRTHDAY LUNCH: Friday, April 26th, 11:45 am-1 pm

~~~~~

### **Monday**

Chair Aerobics

Dining Room 9-10am

### **Tuesday**

Chair Aerobics

Computer Help Lab

Dance Exercise Class

Dining Room 9-10am.

Lab open 2-4pm.

Dining Room 2-3pm

### **Wednesday**

Chair Yoga

Life Changes Group

Ukulele Group

Dining Room 9-10am.

Conference Room 10-11am.

Sunshine Room 1-2pm

### **Thursday**

Balance & Posture Exercise Class

Hearing Services

Bible Class

Parkinson's Discussion & Support Group

Dining Room 9-10am.

1st Thurs. of month. Sunshine Room; 9-12 noon Call 463-2966 for appt.

Lunch: 11:45, Conference Room until 1:30

Thursday Conference Room 10:30-11:45

Contact Linda Posner at 459-1941

### **FRIDAY**

Chair Aerobics

Tole Painting

Bridge

Bingo

Dining Room 9-10am.

Sunshine Room 9-12

Conference Room 9-12 Contact person:

Floyd & Christie Brandt 459-2519

Pot Luck 5pm, Game 5:30