

CENTER ACTIVITIES FOR AUGUST 2019

BINGO: Sunday, August 4th, 10 am - 3 pm

PANCAKE BREAKFAST: Sunday, August 11th, 8 am -11 pm

ICE CREAM SOCIAL: Monday, August 12th, 1:30-2:30pm

PULLED PORK DINNER: Friday, August 16th, 5 pm - 6:30 pm

FOOD BANK: Tuesday, August 20th, 9:30-11:30 am

BIRTHDAY LUNCH: Friday, August 30th, 11:45 am-1 pm



ALL ACTIVITIES IN THE BOXES BELOW ARE CANCELED UNTIL THE FALL!

Monday

Chair Aerobics Dining Room 9-10am

Tuesday

Chair Aerobics Dining Room 9-10am.
 Computer Help Lab Lab open 2-4pm.
 Dance Exercise Class Dining Room 2-3pm

Wednesday

Chair Yoga Dining Room 9-10am.
 Life Changes Group Conference Room 10-11am.
 Ukulele Group Sunshine Room 1-2pm

Thursday

Balance & Posture Exercise Class Dining Room 9-10am.
 Hearing Services 1st Thurs. of month. Sunshine Room; 9-12 noon Call 463-2966 for appt.

Bible Class	Lunch: 11:45, Conference Room until 1:30
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Parkinson's Discussion & Support Group	Thursday Conference Room 10:30-11:45 Contact Linda Posner at 459-1941
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FRIDAY

Chair Aerobics Dining Room 9-10am.

Tole Painting	Sunshine Room 9-12
Bridge	Conference Room 9-12 Contact person: Floyd & Christie Brandt 459-2519

Bingo Pot Luck 5pm, Game 5:30