

# Senior Moments

November 2019

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Alex Sierras

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Deb Holcomb

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Sherry Bixler  
Francis Neumeyer

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Dorcas Potter  
Leslie Challenger  
Kelli Gordon  
Lance Hodges

## Maintenance

Brian Armond  
Janitor  
James Howard

## POWER OUTAGE 2019

By Deb Holcomb

I was sitting here last Saturday while the FFA Alumni Fundraiser was going on wondering what on earth I was going to put on the front page. Everything else was finished but I just couldn't think of anything to put in this spot. Then at 5:45 pm the power went out. My office was dark and I thought "this is going to cause problems." I received a huge surprise. These people brought in lights and continued right on with their dinner including having an auction with Tom Allman as the auctioneer. The laughter continued and no one panicked.



On Tuesday October 29th several of us came in to make sandwiches to take to our Meals on wheels clients and check on those we knew needed to be checked on. Most were doing well while others were very cold and bundled up in blankets trying to keep warm. Some were just happy to have me there to talk to.

Thank you to Greg Mudd, Richard Baker, Sherry Bixler, Priscilla Tarver, and Jules Gregory for making the sandwiches and helping get the Burritos out that Nancy Middleton came in to cook. I know there were many grateful people in our community.

It's such a rewarding feeling when you can bring a little light into your community during a time of crisis. We made it through this outage and hopefully we will fare just as well the next time. Health and good wishes to you all.

**DIRECTOR'S CORNER**  
**From the Desk of Richard Baker**

Hello everyone,

I want to thank everyone who took the time to call me and those of you who submitted letters of support for our transportation services. Sharing your personal experiences about our service and our drivers will be very helpful in differentiating our door through door service from MTA's door to door service. I will keep everyone updated as I receive more information.

We are finally installing the generator, I was told by the contractor the job will be completed within 2 weeks.

Please come and support our Potato Bar Fundraiser on November 8<sup>th</sup> at 5:30 pm. Tickets are available at the front desk, prices are \$10 for Adults \$5 for children, members are \$9. At 7 pm as the evening winds down we will be announcing the winners of the FUNding Raffle prizes. Don't miss the good food and excitement!!!!!!

My door is always open, stop by anytime.  
Richard



Q R R Z I N T E R A C T I V E  
T G A U I E D M O O R Y A L P  
D S O Q O I L E T F O M R F S  
C O M P U T E R M T U M Y B R  
E U L G T A C L E A R N D G G  
C N S L X U R R V F Z U I A M  
N D I A L G O I O G Z E N B N  
E S S T B L I S U Z V I O O T  
I T U T P O S F H M M O S R N  
R R E X H I B I T A K D A E S  
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P O U T P T I T O A H W R C F  
X J Z S O U H S H I Y O G A A  
E Q A R I G P C S R M C P E R  
Y M Y U R C O S T U M E A T C

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PUPPET  
SIGHTS  
SOUNDS  
TEACHER  
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TOY

**WOOD SIGN UPS &  
DISTRIBUTION  
BEGINS  
TUESDAY,  
NOVEMBER 5TH.  
9 TO 11 AM  
MAKE SURE YOUR  
MEMBERSHIP IS CURRENT  
AND PLEASE BRING YOUR  
MEMBERSHIP CARD WITH  
YOU.**





## Willits Senior Center

November 2019

### THRIFT SHOP (459-2176-direct line)

**Members Only: Cut out your coupon & save \$2.00**  
**Membership applications available at the Front Desk**

**THRIFT SHOP HOURS: Monday—Friday, 9am. to 4:30pm.**

**Saturdays, 9am to 4pm.**

**Sale Items Change Weekly. Shop early! Don't miss the deals!!**

**(Furniture delivery by appointment)**



**IF YOU'RE DOWNSIZING OR GETTING NEW THINGS, THINK OF THE HARRAH CENTER THRIFT STORE.**

**ALL SALES REVENUE GOES RIGHT BACK INTO OUR SENIOR CENTER PROGRAMS.**

## VOLUNTEERS



In September 2019 , our volunteers donated a total of 1351.5 hrs. to the Senior Center.

At minimum wage (\$11.00), the total dollar amount for the month would be: \$14,866.50

**ALL OF US AT THE CENTER THANK YOU FOR YOUR HARD WORK & DEDICATION.**

### **Thank You For Your Generous Donations And Time**

*This section is to thank people who volunteer their time and money to support the senior center programs and services. Without them we would not be able to keep our doors open.*

*Gary & Cathy Decker, Ethel Redman, Edward & Starla Warburton, Carl Thompson, Anthony & Melody Sorace, Daniel Aguilera, Susan Johnson, Gene & Carolyn Stewart, and a very generous anonymous donor.*

**THANK YOU FOR ALL YOU DO!!!!**



### The Book Juggler

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## REDWOOD MEADOWS

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**(707) 459-1616 Phone/Fax**

Libby, Manager

1475 Baechtel Rd.  
Willits, CA 95490

## *Happy November Birthday to All!!! (Cut out the invitation below)*

11-1 Thomas Engberg  
11-3 Robert Hoas  
11-5 Gary Bodensteiner, Margie Smith  
11-7 Elaine Houpe, Duncan Neff,  
Bill Shafer  
11-9 Judith Tauber  
11-10 David West  
11-11 Sharon Garmon  
11-12 Charlotte Oeding  
11-13 Debra Reyes, Janice Winters,  
11-14 Tom Peters  
11-15 Debra Robertson  
11-16 Lorri Barker  
11-17 Dina Hutton  
11-18 Ethel Redman  
11-19 Gene Price

11-24 Jean Murphy  
11-25 Peggy Hebrard  
11-29 Joseph Mondo, Joe Schaffer  
11-30 Gunther Steffens



### **NO ICE CREAM SOCIAL IN NOVEMBER**

**WE WILL SEE YOU IN DECEMBER  
WITH THE "JUST FOR FUN CHOIR"  
ICE CREAM DONATED BY: SCOOPS  
PIES DONATED BY: KIMMEY'S PIES**

#### November Birthday Invitation

If you are listed above, CUT  
OUT & bring this invitation  
with you for your FREE  
birthday lunch.

**HAPPY BIRTHDAY!!!**

The Center invites you to our  
Birthday lunch on  
Friday, November 22, 2019

Your free lunch can be used any  
day in your birthday month.

Sign your name here:

#### SUNDAY BREAKFAST

**Pancake Breakfast**  
Sunday, November 10th  
8 am. to 11 am.

##### Menu:

**ALL YOU CAN EAT  
PANCAKES!  
REAL MAPLE SYRUP  
AVAILABLE AT AN  
EXTRA CHARGE  
Eggs any style  
Bacon or Sausage  
Sugar Free Syrup  
Or  
Grandma's Biscuits  
& Gravy  
NOW SERVING PEET'S  
COFFEE  
Adults \$8  
Sr. Center Members \$7  
Children \$6**



**BEST PANCAKES  
IN TOWN**

## SWEET & SPICY COCA-COLA GLAZED TURKEY CHOPS

By Divas Can Cook



### Ingredients:

1 lb turkey chops

2 Tbsp olive oil

### SPICE RUB

1/2 tsp garlic powder

1/2 tsp onion powder

1/2 tsp chili powder

1 tsp smoked paprika

1/2 tsp salt

1 tsp parsley flakes

### GLAZE

1 cup Coca-Cola soda

2 Tbsp brown sugar

2 Tbsp soy sauce

1 Tbsp distilled white vinegar

1 1/2 tsp lemon juice

1/4 tsp garlic powder

1/2 tsp smoke paprika

1/8 tsp cayenne pepper

1/8 tsp black pepper

### Directions:

Combine spice rub ingredients and sprinkle mixture evenly over the top and bottom of turkey chops. Heat olive oil in a large skillet over medium heat. When pan is hot, add the turkey chops and sear for about 2 - 3 minutes per side or until golden. Remove chops from pan and place on a paper towel lined plate to drain. In the same skillet, do not drain, add the Coca-Cola. Stir in the remaining glaze ingredients. Bring to a light boil and then reduce the heat to simmer until sauce has thickened slightly. Add turkey chops and cook until chops are cooked through about 1-2 minutes per side. Garnish with fresh parsley.

## PUMPKIN CRISP by Allrecipes

### Ingredients:

1 (18.25 oz) package yellow cake mix

1 egg

1/2 cup butter, melted

1 (29 oz) can pumpkin puree

2 eggs

1 tsp ground nutmeg

1 tsp ground cinnamon

1/2 cup white sugar

2/3 cup evaporated milk

3/4 cup white sugar

1/2 cup butter, softened



### Directions:

1. Preheat oven to 350 degrees. Set aside 1 cup cake mix for the topping. Combine remaining cake mix, 1 egg and melted butter. Pat into a 9 x 13 inch pan.
2. In a large bowl, mix pumpkin, 2 eggs, spices, 1/2 cup sugar and milk. Pour pumpkin mixture over the cake mix crust.
3. In a small bowl, combine 1 cup cake mix and 3/4 cup sugar. Cut 1/2 cup softened butter until mixture resembles coarse crumbs. Sprinkle mixture on top of pumpkin mixture.
4. Bake at 350 degrees for 55 minutes.

## A LETTER FROM AN ARKANSAS MOTHER TO HER ARKANSAS SON

Dear Son,

I'm writing this real slow cause I know you can't read very fast. We don't live where we did when you left. We read in the paper that most accidents happen within twenty miles of home, so we moved. I won't be able to send you the address because the last Arkansas family that lived here took the numbers off the house with them for their next house, so they wouldn't have to change their address.

This place has a washing machine. The first day I put four shirts in, pulled the chain and I ain't seen 'em since.

It only rained twice this week. Three days the first time and four days the second time. You know the coat you wanted me to send you? Well, Aunt Sue said it would be too heavy to send in the mail with them heavy buttons on it, so we cut them off and put them in the pockets. We got a letter from the funeral home. They said if we don't make the last payment on Grandma's funeral bill, up she comes. Your sister had a baby this morning. I ain't hear whether it's a boy or girl, so I don't know if you're an Uncle or an Aunt.

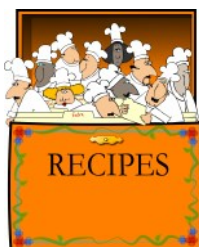
You Uncle John fell in the whiskey vat. Some men tried to pull him out, but he fought them off, so he drowned. We cremated him and he burned for three days. Three of your friends went off the bridge in a pick-up. One was driving, the other two were in the back. The driver got out. He rolled the window down and swam to safety. The other two drowned. They couldn't get the tailgate down.

There's not much news this time, nothing much has happened. Love, Mama

Submitted by Hazel Okerstrom

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We at the Senior Center are looking for recipes to add to our menu. If you have a favorite recipe that you would like to share with us, please email [deb@willits-senior.org](mailto:deb@willits-senior.org) or bring in to our office.



*Thanksgiving Bake Sale*

*November 27, 2019*

*8 am til 1 pm*

*Lots of pies and other  
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*Bakers we'll be contacting  
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**The Brick**

A young and successful executive was traveling down a neighborhood street, going a bit too fast in his new Jaguar. He was watching for kids darting out from between parked cars and slowed down when he thought he saw something. As his car passed, no children appeared. Instead, a brick smashed into the Jag's side door! He slammed on the brakes and backed the Jag back to the spot where the brick had been thrown.

The angry driver then jumped out of the car, grabbed the nearest kid and pushed him up against a parked car shouting, "What was that all about and who are you? Just what the heck are you doing? That's a new car and that brick you threw is going to cost a lot of money. Why did you do it?" The young boy was apologetic. "Please, mister...please, I'm sorry but I didn't know what else to do," He pleaded. "I threw the brick because no one else would stop." With tears dripping down his face and off his chin, the youth pointed to a spot just around a parked car. "It's my brother." He said "He rolled off the curb and fell out of his wheelchair and I can't lift him up."

Now sobbing, the boy asked the stunned executive, "Would you please help me get him back into his wheelchair? He's hurt and he's too heavy for me."

Moved beyond words, the driver tried to swallow the rapidly swelling lump in his throat... He hurriedly lifted the handicapped boy back into the wheelchair, then took out a linen handkerchief and dabbed at the fresh scrapes and cuts. A quick look told him everything was going to be okay. "Thank you and may God bless you," the grateful child told the stranger. Too shook up for words, the man simply watched the boy push his wheelchair-bound brother down the sidewalk toward their home...

It was a long, slow walk back to the Jaguar. The damage was very noticeable, but the driver never bothered to repair the dented side door. He kept the dent there to remind him of this message. "Don't go through life so fast that someone has to throw a brick at you to get your attention!" God whispers in our souls and speaks to our hearts. Some-times when we don't have time to listen, He has to throw a brick at us. It's our choice to listen or not.



### **SEE'S CANDY**

**Our See's Candy is now restocked.  
The new order has arrived.**

**Soft Centers, Milk Chocolate, Dark  
Chocolate, Assorted, Nuts & Chews**

**\$21.50**

**Small boxes of Peanut Brittle \$7.50**

**Butterscotch  
&  
Chocolate Suckers  
\$1 each**



### **WISH LIST**

**Lunch Bags for popcorn**



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Appointments are scheduled for the **first Thursday** of each month at the Willits Senior Center.

**Please call to reserve your spot!**

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Ukiah, CA 95482  
(707) 463-2966

Lakeport Office:  
200 Lakeport Blvd.  
Lakeport, CA 95453  
(707) 263-9428

### Sponsor a Senior

If you would like to provide transportation or a meal for a needy senior, just come in to the Center or cut out this article and bring it in or send it to us with a check made out to WSI to: Willits Senior Center, 1501 Baechtel Road, Willits, CA 95490, along with this article. Just mark which of the following you choose:

- ☐ Good for 1 free meal \$6.50
- ☐ Good for a roundtrip ride (\$4 in town or \$8 from Brooktrails or Pine Mountain)
- ☐ 10 meal punch cards are also available for: \$60.00

The way to get things done is not  
to mind who gets the credit for  
doing them.

Benjamin Jowett

*In Memory of:*

*Don Alumbaugh*

*Bob Simonson*

*Richard Lewis*

*Marion Brodien*

*George Sirizzotti*

*Roberta Anderson*

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## BAKED POTATO BAR

**FRIDAY, NOVEMBER 8, 2019**  
**5:30 - 7:00 PM**

**YOUR CHOICE OF TOPPINGS**  
**DESSERT & BEVERAGE INCLUDED**

**MEMBERS -- \$9**  
(MUST PROVIDE MEMBERSHIP CARD)  
**ADULTS -- \$10**  
**CHILDREN -- \$5**

**FUNDING  
RAFFLE  
WILL BE AT  
7 PM**

**TICKETS ARE AVAILABLE AT:**  
**WILLITS HARRAH SENIOR CENTER**  
**1501 BAECHTEL ROAD**  
**WILLITS, CA 95490**  
**707-459-6826**



### **MEALS ON WHEELS DRIVERS STILL NEEDED!!**

Did you know that our Meals on Wheels Program serves 47 needy seniors in Willits. Many of those recipients are home bound, some are totally disabled.

Our program isn't federally funded but we do keep prices low at only \$5.50 per meal. We deliver Monday through Friday at lunch time only. We have volunteers that deliver the meals for us. Without them we could not continue with this program. These drivers are often the only ones that our clients see from day to day.

At the moment we are short drivers for our in-town deliveries. We are looking for someone to work as a backup driver when ever the regular drivers are sick or on vacation.

If you would be interested in this very rewarding position please come in with your drivers license, a current DMV printout (\$5 cost), ask for Deb and she'll have you fill out a volunteer application and get you started.