



# Harrah Senior Center Menu for January 2020

Lunch for All Ages—To Go Menu Available

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Seniors:</b> \$6.50 <b>Non-Seniors:</b> \$8.00 <b>Children:</b> \$5.00	<b>Soup: 11:45</b> <b>Lunch:</b> 12-1pm  <b>Menu</b> <b>Subject to</b> <b>Change</b>	<b>Coffee, tea,</b> <b>milk includ-</b> <b>ed with</b> <b>meal.</b>	<b>1</b> <b>CENTER</b> <b>CLOSED</b>  	<b>2</b>  <b>Hot Opened</b> <b>Face Turkey</b> <b>Sandwich</b>	<b>3</b>  <b>Chili</b> <b>Rellenos</b> <b>Casserole</b>	<b>4</b>
<b>5</b>	<b>6</b>  <b>Beef Stir Fry</b>	<b>7</b>  <b>Steamed</b> <b>Lemon Dill</b> <b>Fish</b>	<b>8</b>  <b>Chicken</b> <b>Fajitas</b>	<b>9</b>  <b>Steak</b> <b>Sandwich</b>	<b>10</b>  <b>Chicken</b> <b>&amp;</b> <b>Dumplings</b>	<b>11</b>
<b>12</b>	<b>13</b>  <b>Beef Tips</b> <b>&amp;</b> <b>Noodles</b>	<b>14</b>  <b>Ortega</b> <b>Chicken</b>	<b>15</b>  <b>Ground</b> <b>Sirloin Steak</b> <b>With</b> <b>Mushroom</b> <b>Gravy</b>	<b>16</b>  <b>Ruben</b> <b>(Pastrami,</b> <b>Swiss &amp;</b> <b>Sauerkraut)</b>	<b>17</b>  <b>Baked</b> <b>Chicken &amp;</b> <b>Stuffing</b>	<b>18</b>
<b>19</b>	<b>20</b>  <b>Spaghetti</b> <b>with</b> <b>Meat Sauce</b>	<b>21</b>  <b>Ham</b> <b>&amp;</b> <b>Eggs</b>	<b>22</b>  <b>Meat Loaf</b>	<b>23</b>  <b>Garlic</b> <b>Shrimp</b> <b>&amp;</b> <b>Rice</b>	<b>24</b>  <b>Italian</b> <b>Cabbage</b> <b>Casserole</b>	<b>25</b>
<b>26</b>	<b>27</b>  <b>Chicken</b> <b>Parmesan</b>	<b>28</b>  <b>Pepper</b> <b>Steak over</b> <b>Rice</b>	<b>29</b>  <b>BBQ</b> <b>Spareribs</b>	<b>30</b>  <b>Pepperoni</b> <b>Pizza</b>	<b>31</b>  <b>Turkey</b> <b>Birthday</b>  	