

## CENTER ACTIVITIES FOR MARCH 2020

**SUNDAY BINGO:** Sunday, March 1, 10 am - 3 pm

**PANCAKE BREAKFAST:** Sunday, March 8th, 8 am -11 pm

**ICE CREAM SOCIAL:** No social this month

**FOOD BANK:** Tuesday, March 17th, 9:30-11:00 am

**BIRTHDAY LUNCH:** Friday, March 27th, 11:45 am-1 pm

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### Monday

Chair Aerobics  
AAUW

Dining Room 9-10am  
1st Monday of the month, 10 am - 11:30 am  
Conference Room

### Tuesday

Chair Aerobics  
Computer Help Lab  
Dance Exercise Class  
Garden Club

Dining Room 9-10am.  
Lab open 2-4pm.  
Dining Room 2-3pm  
2nd Tuesday of the month, Conference Room 1-2 pm

### Wednesday

Chair Yoga  
Life Changes Group  
Ukulele Group  
Alzheimer/Dementia Caregiver  
Support Group

Dining Room 9-10am.  
Conference Room 10-11am.  
Sunshine Room 1-2pm  
3rd Wednesday of the month, 1-3 pm, Conference Room

### Thursday

Balance & Posture Exercise Class  
Hearing Services  
  
Bible Class  
Parkinson's Discussion & Support Group

Dining Room 9-10am.  
1st Thurs. of month. Sunshine Room; 9-12  
noon Call 463-2966 for appt.  
Lunch: 11:45, Conference Room until 1:30  
Thursday Conference Room 10:30-11:45  
Contact Linda Posner at 459-1941

### FRIDAY

Chair Aerobics  
Tole Painting  
Bridge

Dining Room 9-10am.  
Sunshine Room 9 am -12 pm  
Conference Room 12 pm - 3 pm Contact person:  
Floyd & Christie Brandt 459-2519  
Pot Luck 5pm, Game 5:30

Bingo