

Willits Seniors Inc. 1501 Baechtel Road Willits, CA 95490  
Phone: 459-6826 Fax: (707) 459-1772 Thrift Store: 459-2176 Transportation: 459-5556

# Senior Moments

April 2020

## Board of Directors

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Francis Neumeyer

## Thrift Shop:

Kathleen Barry  
Dorcas Potter  
Leslie Challenger  
Kelli Gordon  
Lance Hodges

## Maintenance

Brian Armond  
Janitor  
James Howard

## Reflections on the Virus

Half of us are going to come out of this quarantine as amazing cooks. The other half will come out with a drinking problem.

I used to spin that toilet paper like I was on Wheel of Fortune. Now I turn it like I'm cracking a safe.

I need to practice social-distancing from the refrigerator.

Still haven't decided where to go for Easter———The living room or the bedroom.

PSA: every few days try your jeans on just to make sure they fit. Pajamas will have you believe all is well in the kingdom.

Home-schooling is going well. Two students suspended for fighting and one teacher fired for drinking on the job.

I don't think anyone expected that when we changed the clocks we'd go from Standard Time to the Twilight Zone.

This morning I saw a neighbor talking to her cat. It was obvious she thought her cat understood her. I came into my house, told my dog....we laughed a lot.

Quarantine Day 5: Went to this restaurant called THE KITCHEN. You have to gather all the ingredients and make your own meal. I have no clue how this place is still in business.

I'm so excited——it's time to take out the garbage. What should I wear?

I hope the weather is good tomorrow for my trip to "Puerto Backyarda". I'm getting tired of "Los Livingroom."

Classified Ad: Single man with toilet paper seeks woman with hand sanitizer for good clean fun.

Day 6 of home-schooling: My child just said "I hope I don't have the same teacher next year." I'm Offended!

Submitted by Sherry Bixler

Happy Easter!

Be Safe!

**DIRECTOR'S CORNER**  
**From the Desk of Richard Baker**

Hello Everyone,

There has been a lot of talk about the COVID-19, coronavirus. This is a link to the Mendocino County Public Health Department <https://www.mendocinocounty.org/community/novel-coronavirus> or visit the CDC site for information for People at Risk for Serious Illness at <https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html>.

The Senior Center and the Thrift Store are both closed until further notice. We will still be providing the following services:

**Meals on Wheels:** Meals delivered to seniors Monday - Friday by volunteer drivers. Call 459-6826 to sign up or to have questions regarding this program answered.

**Drive through Lunches to go:** Meals can be picked up at the Senior Center from Noon to 1 pm.

**Outreach Services by phone only:** assistance applying for Medicare, Medical and Social Security

**Financial Rep Payee Services:** assistance helping seniors pay their bills.

**Transportation Services:** limited service to grocery stores, bank, pharmacy and non-flu medical appointments **ONLY.**

We are accepting donations to help offset the significant loss of revenue due to the Thrift Store closure. Checks can be mailed to: 1501 Baechtel Rd. , Willits, CA 95490 or call 459-6826 and we will process a debit or credit card donation over the phone.

My door is always open,

Richard



S I R O C C O R E R B M O S B  
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O I D U T S O G L P D O O T H  
T V A Q U E R O R A T T T N C  
D W E I J O E O H L S E A T N  
P O P N D C X O A S L I R O O  
F E D D S I P D I I N E O R P  
V M S O M P W S T O N Q E E S  
O O U O O O O S X E B L B G U  
L O C S U M U O P O O O A O  
C R E T S D L O O B H L L N E  
A I D O O O A M I A E A I O S  
N O I N O B P D H O R M V M S  
O L B E U P E O O U O S T A O  
O E R E T S Y R O D E X U T N

OH, OH!

ALTO  
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DADO  
DOMINO  
HERO  
LOTTO  
NAVAHO  
OARS  
OCTOBER  
ODDS  
OHIO  
OLEO  
OMIT

ONION  
OPENER  
OPPOSSUM  
OPPOSE  
ORATOR  
OREGANO  
ORIOLE  
OSCEOLA  
OSMOSIS  
OSSEOUS  
OTTOMAN  
OUTDO  
OVEN  
OXONIAN

PESO  
PONCHO  
PROXIMO  
PUEBLO  
SALVO  
SHOO  
SIROCCO  
SOMBRERO  
STEREO  
STILETTO  
STUDIO  
TUXEDO  
VAQUERO  
VOLCANO

Night 1 of no sports: My wife and I just had an hour long conversation. She's really nice, apparently she works in the medical field. Also, TV's are black when they are off.

**THAT MOMENT WHEN  
YOU'RE WORRIED  
ABOUT THE ELDERLY  
AND REALIZE THAT YOU  
ARE THE ELDERLY. 😊**





## Willits Senior Center

April 2020

### THRIFT SHOP (459-2176-direct line)

**Members Only: Cut out your coupon & save \$2.00**  
**Membership applications available at the Front Desk**

**THRIFT SHOP HOURS: Monday—Friday, 9am. to 4:30pm.**

**Saturdays, 9am to 4pm.**

**Sale Items Change Weekly. Shop early! Don't miss the deals!!**

**(Furniture delivery by appointment)**



**IF YOU'RE DOWNSIZING OR GETTING NEW THINGS, THINK OF THE HARRAH CENTER THRIFT STORE.**

**ALL SALES REVENUE GOES RIGHT BACK INTO OUR SENIOR CENTER PROGRAMS.**

## VOLUNTEERS



In February 2019 , our volunteers donated a total of 1421.75 hrs. to the Senior Center.

At minimum wage (\$12.00), the total dollar amount for the month would be: \$ 17,061.00

**ALL OF US AT THE CENTER THANK YOU FOR YOUR HARD WORK & DEDICATION.**

### **Thank You For Your Generous Donations And Time**

*We would like to acknowledge and thank those who volunteer their time and money to support the senior center programs and services. Without them we would not be able to keep our doors open.*

*Thank you to Gary & Cathy Decker, Ethel Redman, Ukiah Natural Foods COOP, Howard Foundation, Mendocino Redwood Company, Phil & Kathleen Shuster, The George & Ruth Bradford Foundation, Cynthia S Lamon, Little Lake Health Clinic.*

*Thank you to everyone who has recently called to volunteer. This has allowed us to create a list of volunteer drivers should we need to expand our Meals on Wheels delivery service to include those who are sheltering in place.*

**THANK YOU FOR ALL YOU DO!!!!**



### The Book Juggler

182 S. Main Street  
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[www.thebookjuggler.com](http://www.thebookjuggler.com)



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Jules Gregory  
Property Manager

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Willits, CA 95490

Phone 707 459 1616  
Fax 707 459 1616  
[rmeadows8458@att.net](mailto:rmeadows8458@att.net)

## Happy April Birthday to All!!! (Cut out the invitation below)

4/2 Galen Hathaway  
4/3 Cindy Price  
4/4 Barbie Gonzalez, Victoria Hill,  
Jane E McCabe  
4/7 Virginia Jorge  
4/8 Paulette Thompson  
4/9 Carolyn Ponikvar  
4/10 Martha Ann Seifert  
4/11 Janice Haschak  
4/12 Susie Walker, Glenath Wear  
4/15 Norma Hansen, Betty Janich  
4/16 Judi Berdis  
4/17 Ron Carter, Catherine Killion,  
Linda Wiley  
4/18 Shirley Cornett, Ethel Woodruff  
4/19 Barbara Bane, Jean Jennings, Ari Lacelle  
4/20 Mary Ceratto, Lou Meier, James Page,  
4/21 Fred Killion,

4/22 Michael Harrison  
4/23 Bruce Hutton  
4/24 Clarence Tarver, Priscilla Tarver  
4/25 Betty Arreguin  
4/26 Robert Doty, Joan Snyder  
4/27 Ronald Craig, Geri Durbin  
4/28 Barbara Telich, Bruce Yoxall  
4/29 Sarah McLean  
4/30 Alan Judy, Yuko Thomas



**NO ICE CREAM SOCIAL UNTIL THE  
SHELTERING IN PLACE IS OVER.**

### April Birthday Invitation

**ALL ACTIVITIES ARE TEMPORARILY CAN-  
CELED DUE TO SHELTERING IN PLACE.**

If you are listed above, CUT  
OUT & bring this invitation  
with you for your FREE  
birthday lunch.



### SUNDAY BREAKFAST

#### Pancake Breakfast

Sunday, April 12th  
8 am. to 11 am.



#### Menu:

ALL YOU CAN EAT  
PANCAKES!  
REAL MAPLE SYRUP  
AVAILABLE AT AN  
EXTRA CHARGE



**BEST PANCAKES  
IN TOWN**

## **Chicken Spinach Stuffed Shells - 4 Cheese**

**Author: Divas Can Cook**

**Servings: 18 servings**



### ***Ingredients:***

2 Large bone in chicken breasts	15 ounce box uncooked jumbo pasta shells
2 cups fresh spinach, diced	1/2 small white onion, diced
3 cloves garlic, minced	1 cup ricotta cheese
8 ounces cream cheese, softened	1/2 cup parmesan cheese, shredded
1/4 cup Mayonnaise	1 Tbsp parsley flakes
1/2 Tbsp parsley flakes	1/2 Tbsp Italian seasoning
1 egg, slightly beaten	2 cups mozzarella cheese, shredded, divided
Add salt & pepper	26 ounce jar spaghetti sauce (Tomato Basil)

### ***Directions:***

Preheat oven to 450. Sprinkle chicken breast generously with salt and pepper. Roast for 30-35 minutes or until done. Bring a large pot of water to a boil, add a few pinches of salt and the pasta shells. Boil just until about al dente (about 12 minutes). When pasta is done, drain and rinse with cool water. Place the pasta shells on a tray & pick out the good ones. Not all the shells will survive the boiling process intact. Set aside. When chicken is done let cool and dice 2 cups worth of chicken. Set aside.

In a large bowl stir together diced chicken, diced spinach, diced onion and minced garlic. In a separate bowl, stir together ricotta cheese, cream cheese, parmesan cheese & mayo. Add parsley and Italian seasoning. Stir in the egg. Fold in 1 cup mozzarella cheese. Add salt and pepper to taste. Add cheese mixture to chicken mixture. Stirring until well combined. Spread half of the spaghetti sauce onto the bottom of a 9x13 inch casserole dish. Stuff the shells with the chicken mixture and place it the dish. Pour remaining sauce over center of shells. Cover and bake at 350 for 30-40 minutes. Remove from oven, top with remaining mozzarella cheese. Bake uncovered for 7-10 minutes more or until melted.

## **Strawberry Shortcake Cupcakes**

***By Divas Can Cook***

**Servings: 24 cupcakes**

**Preheat oven to 350 F**

### ***Ingredients:***

2 1/2 cups cake flour	1 tsp baking powder
1/2 tsp baking soda	1/2 tsp salt
8 Tbsp unsalted butter, room temp	1/4 cup butter-flavored shortening
1 1/2 cups sugar	3 large eggs
2 tsp vanilla extract	1/2 tsp almond extract
3/4 cup sour cream	1/2 cup heavy whipping cream



### **Strawberry Cream Cheese Frosting**

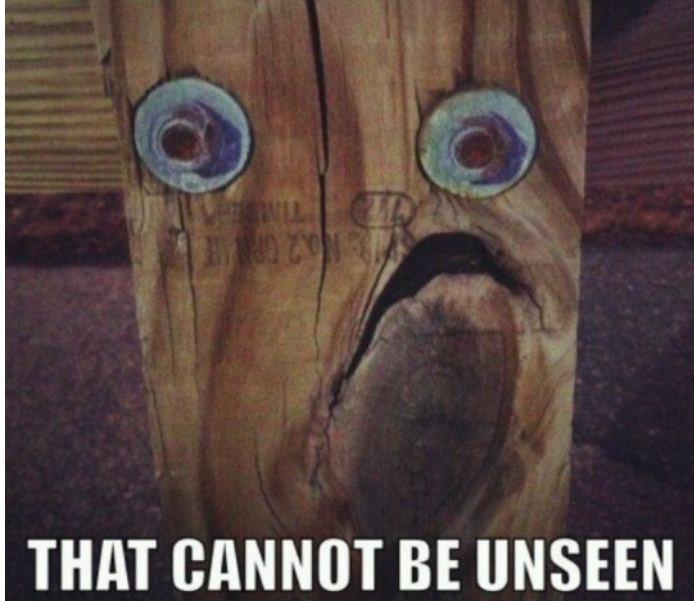
8 oz cool whip	8 oz cream cheese softened
1/2 cup powdered sugar	1 tsp vanilla extract optional
1 cup fresh strawberries finely diced	Garnish - 24 medium sized whole strawberries

### ***Directions:***

Line a cupcake pan with cupcake liners. Spray the liners with nonstick cooking spray. Set aside. In a medium bowl, whisk together flour, baking powder, baking soda and salt. Set aside. In a large bowl, cream together butter and shortening. Mix in sugar until combined. Mix in eggs, vanilla and almond extracts. Mix in sour cream and heavy whipping cream. Gradually mix dry ingredients into wet ingredients until completely combined. Place about 1/4 cup of batter into prepared cupcake pan. Bake for 16-18 mins. Let cupcakes cool. Make frosting by creaming together the cream cheese and cool whip. Mix in powdered sugar and vanilla, if using. Gently fold in the diced strawberries. Place frosting in large piping bag with a large circle tip. Frost cupcakes and store in fridge.



**PLANK HAS SEEN THINGS**



**THAT CANNOT BE UNSEEN**

The biggest lie  
I tell myself  
is 'I don't  
need to  
write that  
down,  
I'll remember it !'



~~~~~  
We at the Senior Center are looking for recipes to add to our menu. If you have a favorite recipe that you would like to share with us, please email [deb@willits-senior.org](mailto:deb@willits-senior.org) or bring in to our office.



**QUOTE FOR THE DAY:**

**ONE OF THE DEEP SECRETS  
OF LIFE IS THAT ALL THAT  
IS REALLY WORTH THE DO-  
ING IS WHAT WE DO FOR  
OTHERS.....**

**LEWIS CARROLL**

## **NEWS - HARLEY DAVIDSON SPEAKS TO DECLINING BIKE SALES**

The reasons for the slump in sales at H-D are not President Trump's fault.

Apparently the Baby-Boomers all have motorcycles. Generation X is only buying a few, and the next generation isn't buying any at all.

A recent study was done to find out *why Millennials don't ride motorcycles*:

1. Pants won't pull up far enough for them to straddle the seat.
2. Can't get their phone to their ear with a helmet on.
3. Can't use 2 hands to eat while driving.
4. They don't get a trophy and a recognition plaque just for buying one.
5. Don't have enough muscle to hold the bike up when stopped.
6. Might have a bug hit them in the face and then they would need emergency care.



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**Excluding sale items & delivery Fees**

**No Delivery Charge for seniors  
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#### *CENSUS 2020*

Ready or not here it comes!!! April 1st is on it way and so is the 2020 Census. Are you willing to help bring money back to Mendocino County for schools, health care, roads, fire protection, Veteran's, senior services and many other programs? Do you want to ensure we have a voice in Congress via representatives and our share of electoral votes? Once every ten years we have the opportunity to be counted and to bring our tax dollars back to our community. The census count is the basis for calculations for our fair share of dollars and voices. How can you help? Complete the 2020 Census! It is fast and confidential. You may respond online, in your own home or selected locations, by calling an 800 number or completing the form when provided. It is the easiest way to bring home those dollars we pay in taxes every year and support Mendocino County. Help shape our future. Start here at [mendocinocounts.org](http://mendocinocounts.org) or [2020CENSUS.GOV](http://2020CENSUS.GOV).



## SEE'S CANDY



**On sale now at the Senior Center**

**Assorted, Milk or Dark Chocolate, Nuts & Chews, Soft Centers -- \$22.50**

**Peanut Brittle Small box -- \$7.50**

**Bunny Hop Box -- \$7.00**

**Eggs -- \$6.00**

**Marshmallow & Scotch-mallow, peanut butter, chocolate butter, Bordeaux**

**Don't forget Friday night Potluck Bingo**

**Canceled due to**

**COVID 19 Pandemic**



**Will keep you posted as to when it will begin again**

## WISH LIST



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10% Senior discount not allowed on sale items.  
Some restrictions apply. See store for details.



**Randy Cantua**

Agent

Cantua Insurance Agency

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Garberville, CA 95542

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- Hearing Screenings
- Free Demonstration of Hearing Instruments
- 12-month ZERO-Interest Financing Plan (certain qualifications apply)

Appointments are scheduled for the **first Thursday** of each month at the Willits Senior Center.

**Please call to reserve your spot!**

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Ukiah, CA 95482  
(707) 463-2966

Lakeport Office:  
200 Lakeport Blvd.  
Lakeport, CA 95453  
(707) 263-9428

### Sponsor a Senior

If you would like to provide transportation or a meal for a needy senior, just come in to the Center or cut out this article and bring it in or send it to us with a check made out to WSI to: Willits Senior Center, 1501 Baechtel Road, Willits, CA 95490, along with this article. Just mark which of the following you choose:

- ☐ Good for 1 free meal \$6.50
- ☐ Good for a roundtrip ride (\$4 in town or \$8 from Brooktrails or Pine Mountain)
- ☐ 10 meal punch cards are also available for: \$60.00



*In Memory of:*

*Bill Wilson  
Terry Ulvila  
Chuck Gillingham  
Kathy Stratham  
Elaine Houpe  
Mike Riley  
Freda Smith*

Willits Seniors Inc.  
1501 Baechtel Road  
Willits, CA 95490

Phone: (707) 459-6826  
Fax: (707) 459-1772

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Permit #58

Willits, CA



Current Resident or

## **Easter Funnies**

**1. What do you call a mischievous egg?**

**A practical yolker.**

**2. What happened to the Easter Bunny at school?**

**He was eggspelled.**

**3. What did one Easter egg say to the other?**

**Heard any good yolks today.**

**4. Where does the Easter Bunny get his eggs?**

**From eggplants.**

**5. How does the Easter Bunny stay fit?**

**Eggsercise.**

**6. What did the Easter Bunny say about the Easter Parade?**

**It was eggs-cellent.**

**7. Where does Easter Bunny eat breakfast.**

**IHOP.**

**8. What do you call a rabbit with fleas?**

**Bugs Bunny.**

**9. Why is it forbidden to tell a joke to your Easter eggs?**

**You wouldn't want to crack them up.**

**10. What do you call a rabbit that can tell a good joke?**

**A funny bunny.**

**11. Why does the Easter Bunny hide?**

**Because he's a little chicken.**

**12. What do you call an egg from outer space?**

**An Egg-tra terrestrial.**

**13. What is the Easter Bunny's favorite dance move?**

**The bunny hop.**