



Harrah Senior Center Menu for May 2021 Lunch for All Ages



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Sausage Breakfast Burrito Fruit	4 Meat Lasagna Veggie Garlic Bread Green Salad	5 Carnitas Tacos Rice Beans	6 Turkey & Dumplings Veggie Green Salad	7 Deli Sub: (Ham & Cheese) Carrot Salad Chips	8
9 	10 Meat Loaf Mash Potato With Gravy Veggie Roll	11 Jamaican Jerk Chicken Caribbean Rice & Beans Green Salad	12 Ground Beef Tacos Rice Beans	13 Calzone: (pepperoni, mushrooms, onions) Green Salad	14 Ruben Sandwich Sweet Potato Fries Pickle	15
16	17 Monterey Chicken Breast with BBQ sauce, bacon & cheese	18 Italian Pasta Casserole: (beef, sausage, pepperoni) Veggie Garlic Bread Green Salad	19 Shredded Chicken Burrito with Green Sauce	20 Beef Stroganoff Veggie Roll Green Salad	21 BBQ Chicken Baked Beans Corn Bread	22
23	24 Tamale Pie Beans Rice	25 Lemon Garlic Parmesan Shrimp Pasta Veggie Garlic Bread Green Salad	26 Asian Chicken Wrap Cucumber Salad	27 Shepard's Pie: beef Veggie Roll Green Salad	28 Turkey Stuffing Cranberry Sauce Veggie Roll	29
30	31 Center Closed 					

Senior Center
Thrift Shop

459-6826
459- 2176